

# Plant based potential probiotic for fortification of pomegranate juice with improved antioxidant activity

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## ARTICLE INFO

### Article history:

Received on: February 26, 2023

Accepted on: June 09, 2023

Available online: August 10, 2023

### Key words:

Probiotics,  
Fortification,  
Storage,  
Pomegranate juice.

## ABSTRACT

Probiotics isolation from non-dairy sources has currently drawn researchers' attention across the globe. The potential isolate SOR9 isolated from citrus plant leaves during our study has exhibited negative hemolytic activity. It is tolerant to low pH condition, different bile salt concentration and gastric juices including lysozyme, pepsin, and pancreatin. It has also demonstrated a robust auto-aggregating phenotype (71.47%) and a high degree of hydrophobicity (17.39%) as indicated by microbial adherence to methanol and weak biofilm formation. Through 16S rRNA gene sequencing, the strain SOR9 showed 100% homology to *Curtobacterium* sp., (100%) (GenBank accession no. ON795170). Through 16S rRNA gene sequencing, the strain SOR9 showed 100% homology (concerning antioxidant activity and total phenol content) has indicated that after 4 weeks of storage at 4°C there is a significant increase in 2,2-diphenyl-1-picryl-hydrazyl-hydrate antioxidant activity and total phenolic content in fortified juice. After storage of 4 weeks, the probiotic microbial community was also observed to be >6 logs CFU/mL. Our study has distinguished that pomegranate juice fortified with *Curtobacterium* sp. SOR9 produces an excellent functional beverage besides developing novel and promising probiotic products.

## 1. INTRODUCTION

Probiotic strains with longer shelf lives, which are also more acid and bile-tolerant, are constantly sought by the food industry [1]. They are essentially live microbes that, when given in sufficient quantities, provide positive impacts on their host's health [2]. Probiotic bacteria produce beneficial effects on the host's gastrointestinal tract (GIT) by producing nutritive essential substances and exhibit antimicrobial activity against bacterial pathogens. Further, probiotic strains such as lactic acid bacteria improve the colonization propensity of other beneficial probiotic strains by producing polymeric substances [3]. In most cases, probiotics are regarded as "Generally Recognized As Safe" [2], which means they could be applied in place of antibiotics and possibly hazardous chemicals.

The supply of these probiotics is through dairy products, fermented dairy products, or pharmaceuticals. However, the higher incidence of gluten sensitivity and evolution has rationalized keen popularity in dairy-free foods of probiotics such as dried fruits, jams, granolas, meats, juices, and some foods from plant sources as probiotic carriers (vegetarian and vegetarian diets) [4,5]. Also with the increased utilization of non-dairy

probiotics, it has now become more and more essential to find beneficial bacteria from low-cost, alternative, or unique sources without any health complications; thus, leaves of edible crop plants were explored as sources of helpful bacteria.

Several authors have currently introduced fruit as vehicles for probiotic bacteria and probiotic delivery, with an emphasis on probiotic culture viability and sensory properties [6,7]. Hence, fruits, in this regard, are healthier options of foods that are welcomed by consumers, have an acceptable sensory quality, and can be applied in unique non-dairy probiotic food formulations [6,7]. Because of the difficulty in extracting edible arils, eating fresh fruit is somewhat inconvenient. Fruits that have been processed include grenadine syrup, jellies, and especially pomegranate juices. Many bioactive compounds are found in pomegranate (*Punica granatum*) fruit, including antioxidants, phytochemicals, anthocyanins, gallic acid, caffeic acid, organic acids, glucose, quercetin, vitamins, catechin, minerals, and rutin. Pomegranate's well-being characteristics have made it a preferred fruit and it has been mentioned as a "superfood." A study from the market survey (2021) reveals that the international demand for products from pomegranates is predicted to grow at a compound annual growth rate of 5.4%. Thus, the purpose of our research is to screen and investigate the beneficial bacterial strains from the leaf surface of lemon and orange plants. Moreover, we aim to examine the viability of isolated bacterial strains in fortified pomegranate juices and assess its quality.

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## 2. MATERIALS AND METHODS

### 2.1. Sampling Site and Procedure

Fresh orange (*Citrus sinensis*) and lemon (*Citrus limon*) leaves were collected from our campus, School of Pharmaceutical Sciences, Bhubaneswar, India. The leaves were washed twice with tap water and then with distilled water. Then the leaves were surface sterilized using 70% ethanol followed by soaking in 0.85% NaCl solution for 5 min to clean contaminant microbes from the surface. Then 10 g of surface sterilized leaves were squashed using a clean, sterilized mortar and pestle followed by serial dilutions using distilled water. Then, sub-culturing was done in a nutrient agar medium and incubated at 35°C for 24 h to obtain pure cultures of the bacterial isolates. Earlier defined methods (biochemical, morphological, physiological, and molecular) were followed for the primary characterization of the isolates [8].

### 2.2. Hemolytic Activity Determination

The bacterial isolates cultured on blood agar 5% (v/v) plates were incubated at 35°C for 48–72 h to determine their hemolytic activity. The zones of inhibition formed around the bacterial colonies as a result of surfactant synthesis clearly showed that the pathogen has positive hemolytic activity [9]. Additional probiotic screening was performed in this study on isolates with negative hemolytic activity. *Escherichia coli* and *Lactobacillus casei* were used as positive and negative controls respectively.

### 2.3. Tolerance to Acids and Bile Salts

Based on the method described previously, individual isolates were tested for their ability to tolerate low pH and bile salts under simulated stomach secretions and GI travel (3 h) [10]. The pH tolerance test of bacterial isolate (SOR9) has been performed by inoculating in nutrient broth at different pH levels ranging from 2 to 9 (pH: 2, 3, 4, 5, 6, 8, and 9) and at 37°C for 24 h. An ultraviolet (UV)-visible spectrophotometer was used to measure the absorbance of bacterial isolate growth at 600 nm. The tolerance of bacterial isolate SOR9 to bile salts was investigated by inoculating the isolate in nutritional broth supplemented with bile salts of various concentrations (0.1%, 0.2%, 0.3%, 0.5%, and 1.0%) and incubating it at 37°C for 24 h. Later on, the isolate from the nutrient broth supplemented with bile salts was inoculated on a nutrient agar plate and incubated at 37°C for 24 h.

### 2.4. Lysozyme Resistance Test

The procedure suggested by Zago *et al.* has been adopted with minimal changes to evaluate the tolerance ability of the isolate to lysozyme [11]. The overnight grown bacterial suspension (10 mL) was harvested by centrifugation; the cells were then rinsed twice in PBS (phosphate-buffer saline) solution before being resuspended in Ringer's solution (8.5 g/L NaCl, 0.4 g/L KCl, and 0.34 g/L hydrated CaCl<sub>2</sub>) of 0.1 M concentration at pH 7.0. The bacterial culture was injected in a sterile electrolyte solution (SES) (0.22 g/L CaCl<sub>2</sub>, 6.2 g/L NaCl, 2.2 g/L KCl, and 1.2 g/L NaHCO<sub>3</sub>) comprising lysozyme (100 g/L) for *in vitro* saliva dissemination. As a control, SES without lysozyme was used. After incubation in SES for 30 min and 180 min, the survival of the isolate was determined by inoculation on nutrient agar plates for 24 h at 37°C. The experiment was carried out in triplicate.

### 2.5. Pepsin and Pancreatin Tolerance

After completion of 24 h of incubation, the isolate SOR9 was centrifuged at 10,000 × g for 10 min at 5°C to separate the supernatant

and pellets. The pellet was washed two times with PBS buffer (pH = 7.3–7.5) and added to 1 mL pepsin solution with different pH (3 mg/mL pepsin at pH2 and pH3 in PBS buffer) and the solution without pepsin was taken as control. The solution was kept at room temperature (RT) and inoculated on nutrient agar plates at 0 h, 1 h, and 3 h intervals for its viability check by incubating at 37°C for 24 h. To check the tolerance for pancreatin, the pellet was added to 1 mL pancreatin solution (1 mg/mL pancreatin in PBS buffer with pH = 8) and the solution without pancreatin was taken as control. The solution was kept at RT and inoculated at 0 h and 4 h intervals for its viability check and then incubated the nutrient agar plates at 37°C for 24 h.

### 2.6. Biofilm Analysis

Test tube experiments were performed on isolate SOR9 to evaluate its capability to form biofilms. The bacterial inoculants (2%) were injected into a sterilized liquid nutrient medium and cultured for 48 h at 35°C and 120 rpm. After that, a PBS solution (0.1 M) was used to wash the test tubes twice, followed by 0.1% crystal violet staining for 30 min and then distilled water was used to remove excess stain. Biofilm accumulation was detected after drying the test tubes. There was an observable biofilm along the bottom and wall of the test tube, indicating positive biofilm production. The walls of the test tubes were examined for violet coloring; the strength of the coloration was used to classify the film development as strong, moderate, or absent [12]. The test was carried out in triplicate.

### 2.7. Cell Surface Hydrophobicity

Microbial adhesion to solvents was evaluated by assessing hydrophobicity employing Rosenberg's procedure with slight changes [13]. As part of the stationary phase, the bacterial liquid culture was centrifuged at 5000 × g for 15 min to separate the supernatant and pellets followed by rinsing of the pellets and resuspending in 0.1 mol/L KNO<sub>3</sub> solution at pH = 6.2. The absorbance of bacterial suspension was read at OD600 nm (A<sub>0</sub>). 1 mL of suspension has been mixed with 3 mL of cell suspension. An incubation of 10 min at RT was followed by a 2 min vortexing of the two-phase system. The solution was incubated at RT for another 20 min. After removing the precipitate, the absorbance at 600 nm was evaluated (A<sub>1</sub>).

Calculation of bacterial adherence (%) to solvents was performed using eqn. 1:

$$\text{Adhesion (\%)} = \left(1 - \frac{A_1}{A_0}\right) \times 100 \quad (1)$$

Where A<sub>0</sub> = Initial absorbance.

A<sub>1</sub> = Final absorbance (post-incubation).

This study was conducted with two distinct solvents: methanol (a polar solvent) and n-hexane (a non-polar solvent).

### 2.8. Assay for Auto-Aggregation

The auto-aggregation assay was carried out using the process approached by Del Re *et al.*, with slight alternations [14]. The nutrient broth inoculated with isolate Y4 was incubated for 24 h at 35°C and 120 rpm. Then, the bacterial inoculum was centrifuged for 15 min at 5000 × g, the pellets were collected, rinsed and re-suspended in supernatant. To measure auto-aggregation (%), 4 mL of bacterial cell suspension was mixed thoroughly for 10 s and incubated at RT for

varying periods (1 h, 2 h, 3 h, 24 h, and 28 h). After each time interval, the top layer of the solution (0.1 mL) was collected in a collection tube with 3.9 mL PBS, and the absorbance was measured (600 nm).

Eqn. 2 has been used to calculate the auto-aggregation percentage.

$$\text{Auto-aggregation (\%)} = 1 - \left( \frac{A_t}{A_0} \right) \times 100 \quad (2)$$

Where,  $A_t$  indicates absorbance at time  $t = 1, 2, 3, 4, 5, 24,$  or  $28$  h.  $A_0$  denotes absorbance at  $t = 0$ .

## 2.9. Identification of Phenotypes and Molecular Characterization

Gram staining was performed to characterize the isolates phenotypically, while catalase and oxidase assays were used to characterize the isolates biochemically [15]. After overnight growth in nutrient broth, isolate SOR9 culture was centrifuged for 10 min at  $5000 \times g$ . The pellet was thoroughly rinsed with TE buffer before lysing in enzymatic lysis buffer [25 mM Tris-HCl (pH = 8), 2 mg/mL lysozyme, 25% sucrose, 10 mM EDTA] and incubated for 30 min at  $37^\circ\text{C}$ . The pellet was vortexed and incubated at  $56^\circ\text{C}$  for 30 min after being treated with extraction buffer and Proteinase K. To precipitate DNA, 96–100% (v/v) ethanol was taken, which has been then decanted to the DNeasy Mini spin column, rinsed with rinsing buffers and treated with a 200  $\mu\text{L}$  elution buffer. The storage of the isolated DNA was done at  $20^\circ\text{C}$ . PCR amplification was performed on the supernatant using universal primers 27F (5'-AGA GTTTGATCCTGGCTCAG-3') and 1492R (5'GGTTAC CTTGTTACGACTT-3') [16]. Heredity Life Sciences Pvt. Ltd. performed the sequencing. BLAST and CLUSTAL W were used to generate the phylogenetic distance matrix and sequence homologies. MEGA4 and bootstrap trials have been applied for multiple alignments. Mostly parsimony procedure was used to make the phylogenetic tree [14].

## 2.10. Fortification of Juice

High-quality ripe pomegranate fruits were purchased from the Unit 1 market of Bhubaneswar, Odisha, India. The fruits were rinsed, pulped, and squashed for the extraction of juice. The resulting juice was filtered to extract pure juice. Out of that, 100 mL of the pure juice was pasteurized for 15 min in a Schott Duran bottle with the probe sonicator adjusted to an amplitude of 80% (on/off-3 s). Initial experimental results were used to select the parameters. The microbial load in pasteurized pomegranate juice was acceptable upto 50 CFU/mL [17]. Microbial cell loads were 8 logs CFU/mL for each inoculum with a volume of 2 mL and centrifuged at  $4000 \times g$  for 10 min. Before being inoculated into pomegranate juice (100 mL), the obtained biomasses were rinsed with PBS buffer (100 mL). The sample with the primary bacterial cell loads was fortified in an incubator at  $37^\circ\text{C}$  for 72 h. The viable cells were calculated following customary procedure [18].

## 2.11. Determination of 2,2-diphenyl-1-picryl-hydrazyl-hydrate (DPPH) Radical Scavenging Activity

By slightly altering the method described by Mousavi *et al.*, the pomegranate juice was evaluated for its DPPH radical scavenging ability [18]. In 2.9 mL of DPPH solution, 0.1 mL of sample was added. After vigorously mixing the solution, it was kept for 30 min in dark. An UV-Vis spectrophotometer was used to measure the absorbance of the samples at 517 nm against a blank to evaluate the depletion of

DPPH in the solution.

As a control, the DPPH solution was used without the sample.

$$\text{Inhibition (\%)} = \left( \frac{A_{\text{blank}} - A_{\text{sample}}}{A_{\text{blank}}} \right) \times 100 \quad (3)$$

## 2.12. Total Phenolic Content (TPC)

TPC assessment was performed by Cassani *et al.*, (2018) with slight modifications [19]. In brief, 15  $\mu\text{L}$  of the harvest was introduced to a well containing 75  $\mu\text{L}$  of diluted Folin-Ciocalteu reagent (1:10). After incubating for 3 min at RT, 60  $\mu\text{L}$  of 7.5%  $\text{Na}_2\text{CO}_3$  suspension was mixed and the solution was kept for 120 min. Followed by incubation, the absorbance of the mixture was monitored in triplicate by a spectrophotometric microplate reader at 765 nm. To compare the absorbance measurements, a gallic acid calibration graph was employed. The outcomes are given in milligrams of gallic acid equivalents (GAE) per 100 g of fresh product.

## 2.13. Impact of Storage Conditions on the Viability of Probiotic Cells in Juice

The probiotic-fortified juice has been preserved at  $4 \pm 1^\circ\text{C}$ . Probiotic survival (log CFU/mL) in the beverage has been investigated at 7-day intervals till the cell load reached 6 log CFU/mL [20].

## 2.14. Statistical Analysis

The investigations have been performed in triplicate. To represent the statistical variance among the samples and fortification period, a one-way analysis of variance (ANOVA) was done by applying the SPSS statistical program (Version 22.0). The data were analyzed using the Duncan multiple comparison test with a 95% level of confidence.

## 3. RESULTS

### 3.1. Isolation and Screening of Beneficial Bacteria

A total of 73 strains were isolated from the leaves of two edible plants (lemon and orange). One isolate (SOR9) was found to have negative hemolytic activity. The isolate was then examined for its capability to coat the epithelial surface and to survive in the GIT.

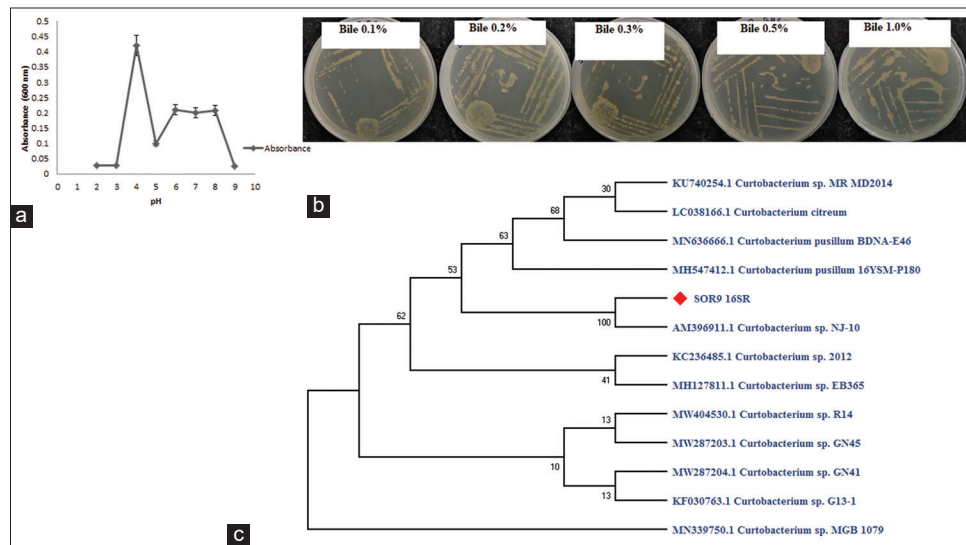
### 3.2. Viability in a human GIT Simulation

Instead of analyzing the impact of each component separately, it is vital to assess all circumstances (low pH, enzymes, and bile salts) in a single system. *In vitro* survival tests showed that isolate SOR9 was resistant to low pH (2–4), with 4 being the optimum [Figure 1a]. Furthermore, the isolate SOR9 was resilient to different bile salt concentrations (0.15%, 0.3%, 0.5%, and 1%) in aerobic condition [Figure 1b]. The effect of gastric juices on isolate SOR9 after a total incubation period of 1 h for lysozyme, 3 h for pepsin, and 4 h for pancreatin showed survival level of  $8.29 \pm 0.046$  CFU/mL,  $7.68 \pm 0.046$  CFU/mL, and  $7.486 \pm 0.027$  CFU/mL, respectively, in simulated GI passage [Table 1].

### 3.3. Biofilm Assay

The test tube method has been conducted to investigate biofilm development qualitatively by isolating SOR9. With an absorbance of 0.392, it produced a weak biofilm (an absorbance between 0 and 1 indicates weak biofilm growth).

### 3.4. Auto-Aggregation and Hydrophobicity



**Figure 1:** (a) pH profile of *Curtobacterium sp.* SOR9. (b) Bile salt resistance exhibited by *Curtobacterium sp.* SOR9 provides 0.1–1% of bile. (c) The phylogenetic tree represents the position of SOR9 based on 16S rRNA gene sequences.

**Table 1:** Tolerance of *Curtobacterium sp.* SOR9 to gastric juice.

Resistance to the simulated human GI tract (CFU/mL)		
Lysozyme	Pepsin	Pancreatin
8.29±0.046	7.68±0.046	7.486±0.027

GI: Gastrointestinal

A key probiotic feature is auto-aggregation, which occurs when two cells coexist, helping in the production of biofilms. Bacterial cells stick tightly to the mucosal cells of the host intestine due to their hydrophobicity and conduct physiological tasks. Most of the time, aggregation potential is linked to the adherence of cell characteristics [21]. Hence, the prospective isolate SOR9 was tested for auto-aggregation and hydrophobicity. It was noted that the isolate SOR9 exhibited both auto-aggregation and hydrophobicity in the current study which is represented in Table 2.

### 3.5. Potential Isolate Identification

The 16S rRNA sequencing of the putative isolate SOR 9 (taken from lemon tree leaves) revealed a strong relationship with *Curtobacterium sp.* The sequence analysis identified SOR9 as *Curtobacterium sp.* SOR9 (accession no. ON795170). Figure 1c shows a neighbor-joining phylogenetic tree derived from 16S rRNA gene sequence data. Furthermore, no investigations on *Curtobacterium sp.* as a probiotic have been undertaken yet. This is the first report of *Curtobacterium sp.* SOR9 being used as a probiotic in the fortification of pomegranate juice.

### 3.6. TPC of the Juice

Figure 2a shows the TPC of pomegranate juice fortified with *Curtobacterium sp.* SOR9 and control (without *Curtobacterium sp.* SOR9). The data confirmed that the TPC values of pomegranate juice fortified with SOR9 were higher than the control. The treated juice showed the highest phenol concentration ( $650.33 \pm 1.47$  mg gallic acid equivalent/100 mL) at 48 h. A significant increase in TPC for both juices (control and fortified) has been observed from 24 h to 48 h.

The bacterial growth has reached the end of its life cycle after 48 h of fortification, resulting in an insignificant rise in total phenols.

### 3.7. DPPH Radical Scavenging Activity of the Juice

The sample's antioxidant capacity is represented by its DPPH radical scavenging activity. Fortified pomegranate juice with probiotic *Curtobacterium sp.* SOR9 showed higher antioxidant properties than the control (pomegranate juice without SOR9) [Figure 2b]. The highest antioxidant activity of fortified juice was found to be  $88.17 \pm 0.89$  % at 60 h and for control  $84.23 \pm 0.94$  % at 60 h.

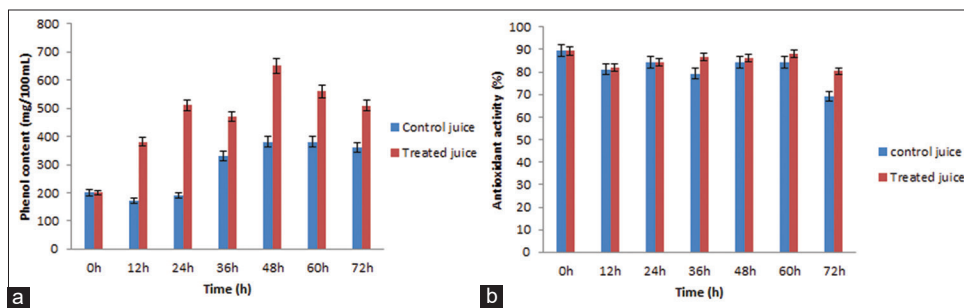
### 3.8. Impact of Storage Conditions on the Survival of Probiotic Cells in Pomegranate Juice

To confer maximum health benefits to the consumers, the total number of viable probiotic bacterial cells in the probiotic beverage should be  $>6$  log CFU/mL [20,22]. However, beverages are required to be preserved at lower temperature (mostly at 4°C) for longer period to meet consumer demands. This kind of preservation may affect the survival of probiotic bacterial cell in the beverage and the cell count may fall below 6 log CFU/mL. Hence, it is important to inspect the effect of storage condition on the probiotic bacterial cells present in the probiotic beverages. The fortified pomegranate juice was refrigerated at 4°C for four weeks and the viability of probiotic bacterial cells (*Curtobacterium sp.* SOR9) were investigated at 1-week interval. We observed that, the viability of isolate SOR9 in fortified pomegranate juice was not affected negatively by cold storage. Furthermore, during the storage, viable cell counts increased and reached maximum cell count of more than  $7.43 \pm 0.035$  log CFU/mL [Table 3] at day 3 (72 h) and a slow reduction was observed further. However, the number of viable probiotic bacterial cells of *Curtobacterium sp.* SOR9 was observed to be  $>6$  log CFU/mL till the end of four weeks of refrigeration.

These outcomes showed that the beneficial isolate *Curtobacterium sp.* SOR9 can survive for four weeks in fermented pomegranate juice at  $4 \pm 1$ °C.

This decrease in microbial cell load could be attributed to the sample's less nutrient obtainability, as well as its low pH and oxygen levels [22].





**Figure 2:** (a) Total phenolic content of pomegranate juice during fortification (b) antioxidant activity of pomegranate juice during fortification.

**Table 2:** *Curtobacterium sp.* SOR9 adhesion to methanol and n-hexane and auto-aggregation.

Bacteria	Adhesion (%)		Auto-aggregation (%) in (h)					
	Methanol	n-Hexane	1	2	3	4	24	28
SOR 9	17.5±1.03	0	53.30±0.98	33.37±1.03	21.64±1.17	71.44±1.11	0	0

**Table 3:** Total microbial count on viability (Log CFU/mL) of *Curtobacterium sp.* SOR9 during fortification and cold storage of pomegranate juice.

Time period	<i>Curtobacterium sp.</i> viability
Time (h)	
0	2.13±0.068
12	2.88±0.19
24	3.35±0.17
36	4.08±0.105
48	5.43±0.14
60	6.54±0.37
72	7.43±0.035
Time (weeks)	
0	7.43±0.035
1	7.28±0.05
2	7.06±0.043
3	6.6±0.16
4	6.016±0.016

The above data represent the mean ± standard deviation ( $p < 0.05$ ) by taking triplicate samples with a significant and non-significant value.

#### 4. DISCUSSION

The isolate SOR9 was capable to survive in simulated GI passage. Similar results were observed with strains of *Lactobacillus plantarum*, *Lactobacillus pentosus*, *Pediococcus acidilactici*, and *Pediococcus Pentosaceus* isolated from fermented sausages [23]. Different types of *Bacillus* strains also showed similar kind of survival behavior concerning acid tolerance [24]. Further, *B. subtilis* KKKU 213 was able to withstand 1% bile salt [24]. Abid *et al.* investigated similar acidic environments and the enzymatic effect for *B. tequilensis*-GM [25].

As a result of solubilization, crystal violet staining can be used to assess biofilm formation quantitatively. The capability of pathogens to form biofilms prevents them from attaching to epithelial cells. Biofilm formation by probiotic bacteria is thought to be a beneficial characteristic as it can encourage colonization and longer persistence in the host's mucosa, attempting to avoid colonization by pathogenic

bacteria [26]. *L. plantarum* subsp. *plantarum* JCM1149 can form biofilms [27]. Jones *et al.* (2009) examined the capacity of some *Lactobacillus reuteri* strains for the formation of biofilms along with their immunomodulatory action. Likewise, other researchers revealed that probiotic *Lactobacillus rhamnosus* GG could form biofilms [28].

Adhesion is a complicated function that may be the result of a multistep method involving non-specific mechanisms and a specific ligand-receptor interaction [14]. As a result, we investigated the relationship between a variety of characteristics (hydrophobicity and ability to auto-aggregate) and the adhesiveness of isolate SOR9. This supports the findings of Perez *et al.* (1998) [29] on *Bacillus bifidum* and Del Re *et al.* on *Bacillus suis* [30].

The isolate SOR9 was identified as *Curtobacterium sp.* SOR9 by sequence analysis. Similar to our study, previous findings report some *Curtobacterium sp.*, such as *C. plantarum* and *C. jeaccumfaciens*, were isolated from plant leaves. Correspondingly, Khan *et al.* (2019) observed that *Curtobacterium sp.* produced a variety of phytohormones such as JA, ABA, GAs, IAA, and antioxidants such as peroxidase, reduced glutathione, polyphenolic oxidase, and various organic acids to enhance nutritional benefits for plant health under stress conditions [31]. Another study revealed that *Curtobacterium sp.* aids in plant growth and enhances growth parameters [16, 32].

During the fortification period, the phenol content of fortified juice containing probiotic *Curtobacterium sp.* SOR9 was enhanced. As a result, pomegranate juice with *Curtobacterium sp.* SOR9 has a stronger potential to raise phenol concentration than control pomegranate juice (without *Curtobacterium sp.* SOR9). The antioxidant activity of phenolic compounds, as well as their involvement in the color and sensory features of food products, is well recognized to have significant human health welfare [33]. Several studies have shown that phenol-containing foods have a major effect on human wellness in preventing diseases like cardiovascular problems, diabetes, and aging [34], as well as have impacts on anticancer, antimicrobial, and antioxidant properties [35]. Kumar *et al.* (2015) found that during fortification with probiotic *L. plantarum*, the total polyphenolic content of mango and sapota juice has been enhanced [36].

The results concluded that pomegranate juice with probiotic *Curtobacterium sp.* SOR9 has higher antioxidant activity in comparison to control pomegranate juice (without *Curtobacterium sp.* SOR9). A similar finding is reported for other beverages by some researchers

such as noni [37], pomegranate [18], jussara juices [38], and cashew apple juice which have validated our findings. The enhancement of antioxidant possessions could be attributed to anthocyanin acylation with phenolic acid or anthocyanin diacylation [39].

The results demonstrated that the beneficial isolate *Curtobacterium* sp. SOR9 may survive in fortified pomegranate juice at  $4 \pm 1^\circ\text{C}$  for 4 weeks. Alike outcomes have been obtained with carrots [40,41], bitter melon, bottle gourd, and beet juice. *Saccharomyces cerevisiae boulardii* was also evaluated by Fratianni *et al.* (2014) for its capacity to thrive in berry juice and endure 4 weeks of preservation at  $4^\circ\text{C}$ . All of the reports backed up our findings [42].

## 5. CONCLUSION

This study aimed to assess the functional properties of the probiotic beverage of pomegranate juice, which is rich in vitamins, minerals, and fiber that promotes health benefits. They also contain some protein. It is worth mentioning that the addition of 2% probiotic bacteria *Curtobacterium* sp. SOR9 considerably enhanced the physicochemical and microbiological properties of the probiotic beverage, demonstrating the highest antioxidant and antibacterial activities. Furthermore, pomegranate juice significantly improved the viability of the probiotic strain, *Curtobacterium* sp. SOR9, above the recommended counts ( $> \log 6$  CFU/g) for health benefits. We vouch that, this is the first study that has focused on developing a probiotic beverage by adding pomegranate juice, and it should be taken as a basis for developing new functional products. Overall, our findings deduced that probiotic bacterial strain *Curtobacterium* sp. SOR9 isolated from plants exhibits remarkable viability in pomegranate juice. Probiotic beverage produced using *Curtobacterium* sp. SOR9 can serve health benefits to consumers as its probiotic properties remain unaffected during storage. Further, our findings will significantly give insights to researchers dealing with food and beverages to develop more plant-based probiotic supplementation and provide alternative options to health-conscious consumers who have a version or sensitivity to dairy-based probiotic products.

## 6. ACKNOWLEDGMENT

The authors express their gratitude towards the Center for Biotechnology, Siksha O Anusandhan (Deemed to be University), Bhubaneswar, for providing lab facilities for conducting the research.

## 7. AUTHORS' CONTRIBUTIONS

All authors made substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; agreed to submit to the current journal; gave final approval of the version to be published; and agreed to be accountable for all aspects of the work. All the authors are eligible to be an author as per the International Committee of Medical Journal Editors (ICMJE) requirements/guidelines.

## 8. FUNDING

There is no funding to report.

## 9. CONFLICTS OF INTEREST

The authors report no financial or any other conflicts of interest in this work.

## 10. ETHICAL APPROVALS

This study does not involve experiments on animals or human subjects.

## 11. DATA AVAILABILITY

All the data is available with the authors and shall be provided upon request.

## 12. PUBLISHER'S NOTE

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#### How to cite this article:

Barik A, Aryan S, Dash S, Pallavi P, Sen SK, Rajhans G, Raut S. Plant based potential probiotic for fortification of pomegranate juice with improved antioxidant activity. *J App Biol Biotech.* 2023;11(5):98-104. DOI: 10.7324/JABB.2023.11511