

# Antibacterial activity and hormetic response of silver nanoparticles synthesized using leaflet extract of wheat (*Triticum aestivum*) and rice (*Oryza sativa*) crop plants

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## ABSTRACT

The application of silver nanoparticles (AgNPs)-based antibacterial therapeutics has emerged as a feasible alternative to traditional antibiotic therapy due to cost-effectiveness and lower possibility of non-evolution of resistant strains. In the present paper, the aqueous extract of wheat (*Triticum aestivum*) and rice (*Oryza sativa*) leaflets were used for the fabrication of well-dispersed AgNPs of average size 19.11 and 33.85 nm, respectively, under the controlled condition of pH  $10.0 \pm 0.1$  and temperature  $80^\circ\text{C} \pm 1^\circ\text{C}$ . This bottom-up approach of AgNPs production was simple, eco-friendly, inexpensive, and highly reproducible. The synthesized AgNPs were characterized by UV-Visible spectroscopy, dynamic light scattering, fourier transform infrared spectroscopy, high-resolution transmission electron microscopy, and energy-dispersive X-ray. Agar-well diffusion and (2, 3-bis [2-methoxy-4-nitro-5-sulfophenyl]-2H-tetrazolium-5-carboxanilide) (XTT) colorimetric methods revealed the bactericidal potential of synthesized AgNPs against Gram-positive and Gram-negative pathogenic bacteria with minimum inhibitory concentration (MIC) values ranges from 125 to 500  $\mu\text{g/ml}$ . AgNPs presented better potency against Gram-negative bacteria compared to Gram-positive bacteria. Interestingly, *Staphylococcus aureus*, *Klebsiella pneumoniae*, and *Escherichia coli* demonstrated a hormetic response (positive stimulated growth) at a sub-lethal concentration ( $<7.81 \mu\text{g/ml}$ ) of AgNPs, which were 0.39%–1.56% of MIC values of the respective bacterial strains.

## 1. INTRODUCTION

One of the striking and developing areas of nanotechnology deals with the production of metallic nanoparticles (NPs) of variable shapes, sizes, and chemical compositions. Owing to their ultra-small size, elevated reactivity, and substantially large surface area-to-volume ratio, NPs display astonishing physicochemical, optical, magnetic, thermal, electronic, and biological properties markedly different from their respective bulk counterparts [1–3]. These inherent properties have tremendous applications

in various fields of science and technology such as electronics, biotechnology, sensors, drug delivery, DNA labeling, cosmetics, coatings, packaging, etc. [4,5]. Among various metallic NPs, nanocrystalline silver or silver nanoparticles (AgNPs) have found incredible applications in the field of catalysis [2], detection, bioremediation [1,3], diagnostic, biosensors, micro- and optoelectronics [4], antimicrobials, medical implants, and therapeutics [6,7]; and hence account for more than 55% of total nano-material-based commercial products [8].

Various physical, chemical, and hybrid methods are developed for the fabrication of AgNPs. However, the key challenges that remain with these methods are their toxicity, expensiveness, high energy consumption, and time along with several procedural complications [9]. Green chemistry procedures, which involve the synthesis of NPs using biological entities like bacteria,

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cyanobacteria, algae, fungi, and plants, represent alternatives to these harmful procedures [10–12]. Furthermore, employing plants for the production of AgNPs can be a more advantageous and economical alternative over other biological processes that involve microorganisms. First, it lowers down the cost of isolation and maintenance of microorganisms in the culture media [13,14]. Second, plants have a wide variety of metabolites with tremendous reduction potential and capping capacity [10,15]. Third, they are easily available, much safer to handle, more biocompatible, and environmentally benign [10,16].

Pathogenic bacteria and their resistance strains are responsible for the rise in mortality and morbidity cases worldwide. This has triggered the need to develop new and improved therapeutic agents, which is presently the most urgent priority in biomedical research [17]. The use of AgNPs-based antibacterial therapeutics has emerged as a feasible alternative to traditional antibiotic therapy due to cost-effectiveness, broad-spectrum antimicrobial effect, non-toxicity toward human cells (concentration-based), and the lower possibility for the development of resistance because of their non-receptor mediated inhibitory mechanism [18,19]. Owing to the various advantages of plant-based fabrication of AgNPs, several plants have been successfully used for efficient and rapid extracellular synthesis of AgNPs. However, the problem remains with the production of small-sized NPs of controlled shapes and sizes. It has been well documented that smaller NPs have a greater potential to kill microbes than large-sized NPs [8].

In this paper, we report a clean production of AgNPs with controlled morphology using aqueous extract of leaflets of *Triticum aestivum* (wheat) and *Oryza sativa* (rice) plants, which are cereal grass of family *Gramineae* and are major crops of Asia. Aqueous extract of *T. aestivum* and *O. sativa* leaflets have found to possess phenolics compounds, lignins, tannins, flavonoids, alkaloids, carotenoids, vitamins, terpenoids, amino acids, carbohydrates, and antioxidant activity [20,21]. Furthermore, the extract of wheatgrass (2–3-week leaflets) was also reported to possess anti-inflammatory, antidiabetic, antibacterial, and immunomodulatory activities [21–23]. Different characterization techniques, such as FTIR, dynamic light scattering (DLS), UV-Vis spectroscopy, and high-resolution transmission electron microscopy (HRTEM), were utilized to evaluate the reaction results. The synthesized AgNPs were further investigated to assess their antibacterial efficiency against ten experimental bacterial strains using agar-well diffusion and XTT colorimetric assays.

## 2. MATERIAL AND METHODS

### 2.1. Chemicals

Analytical grade growth media and chemicals were used in the present investigation. HPLC-grade water, Mueller-Hinton agar (MHA), and broth (MHB) were obtained from Hi-Media Pvt. Ltd, Chandigarh (U.T), India. Silver nitrate ( $\text{AgNO}_3$ ), XTT salt, and menadione (purity >99.0%) were procured from Sigma-Aldrich, India.

### 2.2. Biosynthesis of AgNPs

Wheat (variety 2,967) and rice (variety 1,121) were grown in our agriculture laboratory. Approximately 10 gm leaflets of 2–3 weeks long wheat (*T. aestivum*) and rice (*O. sativa*) plants were cut into

fine pieces and added to 50 ml of HPLC purified water in two separate 100 ml conical flasks. The solutions were boiled for 5–7 minutes and then cooled at room temperature. After cooling, both extracts were filtered through filter paper (Whatman No. 1) and then centrifuged for 6–8 minutes at 10,000 rpm to remove the plant debris. This impurities-free supernatant was used for the synthesis of AgNPs. For biosynthesis of AgNPs, 10 ml of wheat and rice leaflet extracts was added to 90 ml of 3 mM  $\text{AgNO}_3$  solution in two separate 250 ml conical flasks with continuous stirring on a magnetic stirrer at constant temperature ( $80.0^\circ\text{C} \pm 1^\circ\text{C}$ ) and pH ( $10.0 \pm 0.1$ ). The color of both the solutions changed to reddish-brown within 2–3 minutes, which indicated the completion of the reaction mechanism for the formation of AgNPs. Both the solutions were further kept for 2–4 hours of incubation period at room temperature, and after that centrifuged for 15–20 minutes at 16,000 rpm. AgNPs were settled down and the supernatant was aseptically removed. This procedure was repeated thrice with High performance liquid chromatography (HPLC) purified water to get AgNPs without any impurity. Finally, AgNPs were resuspended in 5 ml HPLC purified water and dispersed on a Petri-plate and dried in a vacuum oven ( $60^\circ\text{C}$ ) to get AgNPs in dry form. Wheat- and rice-mediated biosynthesized AgNPs were labeled as Wheat-leaflet mediated synthesized silver nanoparticles (WNPs) and Rice-leaflet mediated synthesized silver nanoparticles (RNPs), respectively. The dried AgNPs were physically characterized and analyzed for their bactericidal properties.

### 2.3. Compositional and Morphological Characterization of AgNPs

#### 2.3.1. UV-visible and FTIR spectroscopy

The ultraviolet visible absorption spectrum of synthesized AgNPs was obtained in the wavelength range of 280–660 nm using a UV-visible spectrophotometer (Thermo Fisher Scientific, India). FTIR emission spectrum of AgNPs (WNPs and RNPs) was obtained in the wavelength range of  $4,000\text{--}250\text{ cm}^{-1}$  using an LF-45 fluorescence FTIR spectrophotometer (Perkin Elmer).

#### 2.3.2. Dynamic light scattering (DLS)

Size distributions of synthesized AgNPs were measured with DLS equipment model Malvern Zetasizer Nanosystem (Worcestershire, U.K). Before analyzing the size distribution profile of AgNPs, the aqueous suspension of AgNPs was prepared and percolated out of a syringe-based filter unit ( $0.22\text{ }\mu\text{m}$  diameter).

#### 2.3.3. HRTEM, energy-dispersive X-ray (EDX) spectroscopy, and SAED pattern analysis

To analyze the structural morphology of AgNPs, HRTEM images of AgNPs were obtained and analyzed using an FEI TECNAI (G2 F20) system (200 keV) with  $6 \times 10^6$  magnification and at a resolution of  $0.2\text{ }\text{\AA}$ . EDX microanalysis of synthesized AgNPs was carried out in EDX spectroscopy in conjunction with HRTEM to analyze the elemental composition of AgNPs. Selected area electron diffraction (SAED) pattern was investigated to confirm the crystalline character of synthesized AgNPs.

## 2.4. Assessment of the Bactericidal Efficiency of AgNPs

To investigate the bactericidal efficiency of green synthesized AgNPs, five Gram-positive bacterial strains, namely *Streptococcus pneumoniae* [Microbial Type Culture Collection (MTCC) 1935], *Micrococcus luteus* (MTCC 106), *Staphylococcus epidermidis* (MTCC 9040), *Streptococcus mutans* (MTCC 890), and *Staphylococcus aureus* (MTCC 3160) and five Gram-negative bacterial strains, i.e., *Salmonella typhimurium* (MTCC 3224), *Klebsiella pneumoniae* (MTCC 432), *Escherichia coli* (MTCC 443), *Enterobacter aerogenes* (MTCC 2824), and *Vibrio cholerae* (MTCC 3904) were procured from Institute of Microbial Technology, Sector 39, Chandigarh (U.T), India.

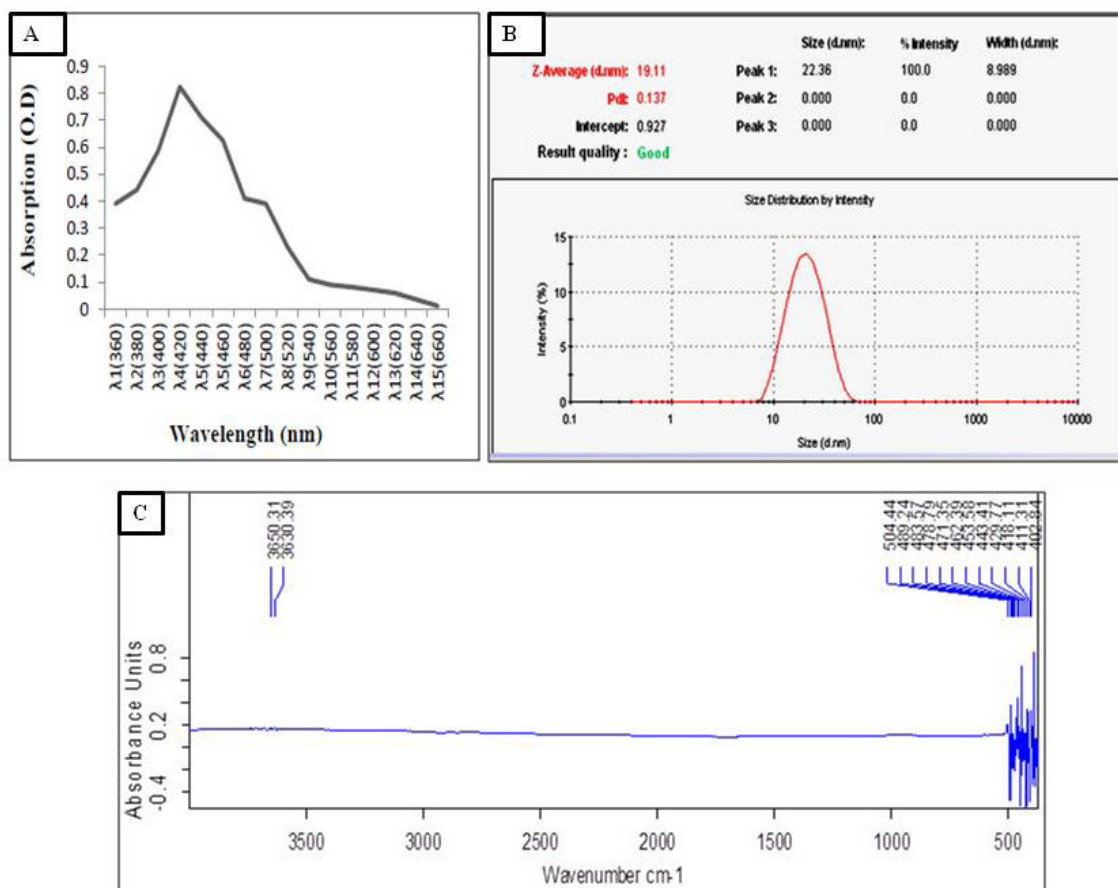
### 2.4.1. Agar-well diffusion assay

Initially, all the bacterial strains were grown in MHB for 16–20 hours at 37°C. 100 µl of each bacterial culture were then inoculated into 50 ml of fresh broth for 2.5–3.5 additional hours to get mid-logarithmic phase bacteria [24]. Bacterial cultures were then centrifuged for 3,000–4,000 rpm at 4°C for 10 minutes. The supernatant was removed aseptically, and the pellets were cleansed with the help of 10 mM sodium phosphate buffer (pH = 7.4). This procedure was repeated thrice, and finally, the bacterial pellets were resuspended in the same cold buffer. The concentration of bacteria was standardized with the optical density of bacterial aliquot at 620 nm [24,25], where OD = 0.20 is equivalent to approximately  $5 \times 10^7$  CFU/ml. MHA

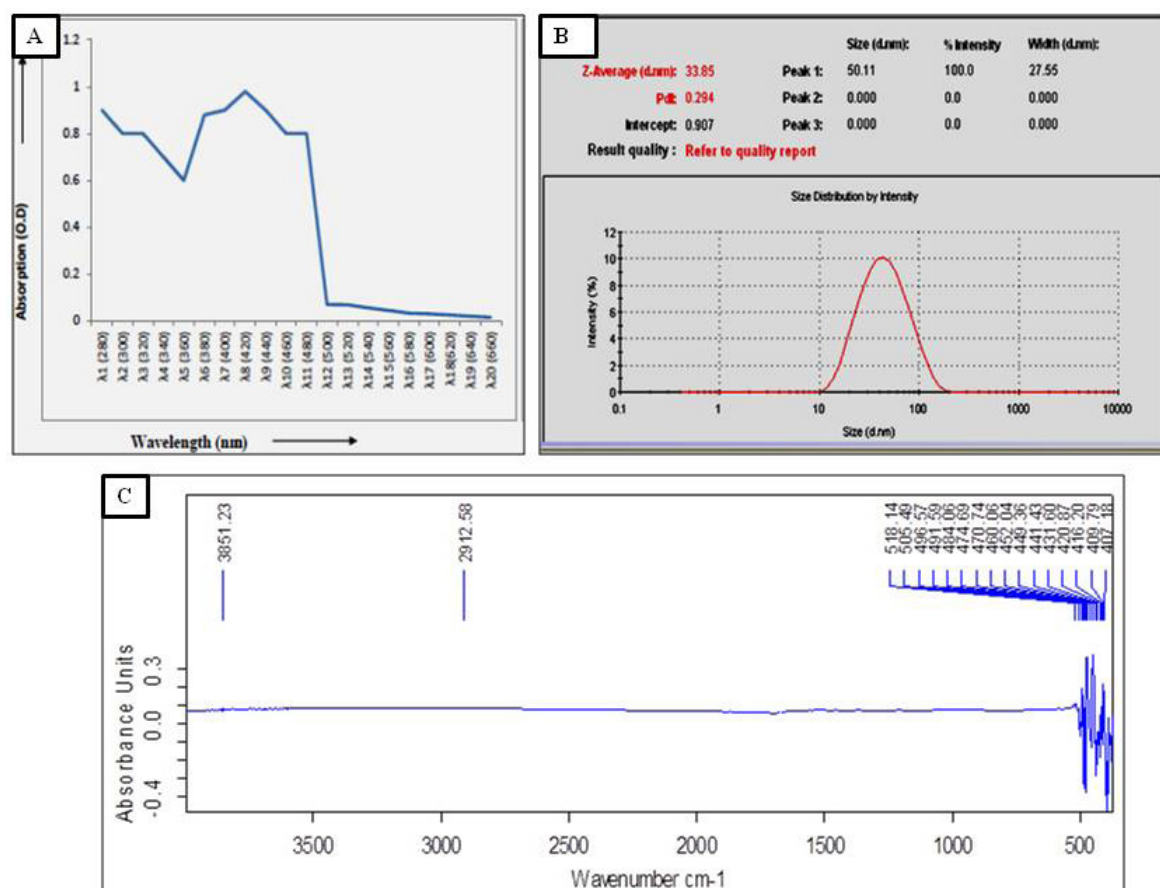
plates of all the bacterial strains were prepared by spreading 100 µl of the inoculum of each test bacteria on their respective MHA plates [25]. Five wells per plate were made with the help of a sterile borer. HPLC purified water was used to make different concentrations of AgNPs. For the assessment of the bactericidal effect of different concentrations (2, 1, 0.5, and 0.25 mg/ml, respectively) of AgNPs, 90 µl of AgNPs solution was injected aseptically into the agar wells, and the agar plates were then incubated for 18–24 hours at 37°C for the observation of zone of inhibition (ZOI), if any. In all experiments, the antibiotic ciprofloxacin (0.5 mg/ml) was used as a positive control. All experiments were carried out in triplicate.

### 2.4.2. XTT colorimetric method

Bactericidal activity of synthesized AgNPs was also evaluated through the XTT colorimetric method [25–27]. This method is based on the principle that viable bacteria's dehydrogenase enzyme reduces sodium salt of XTT (2, 3-bis [2-methoxy-4-nitro-5-sulphophenyl]-2H-tetrazolium-5-carboxanilide) into a water-soluble formazan, whose absorbance can be measured at 490 nm. This method evaluates the bactericidal efficacy of AgNPs by estimating the relative reduction in the production of colored formazan by the viable bacteria in the reaction media. In this experiment, 170 µl of the adjusted broth cultures of different bacteria ( $5 \times 10^7$  CFU/ml) were seeded into the 96-well flat-bottom microtiter plate, followed by the addition of 30 µl of AgNPs (of different concentrations)



**Figure 1:** UV-Vis spectroscopy (A), DLS (B), and FTIR spectra (C) results of AgNPs (WNPs) synthesized from wheatgrass (*T. aestivum*).



**Figure 2:** UV-Vis spectroscopy (A), DLS (B), and FTIR spectra (C) report of AgNPs (RNPs) synthesized from *O. sativa*.

solution and incubated for 15 hours at 37°C. After completion of first incubation, 100 µl of reaction material of well was shifted into a new flat-bottom microtiter plate. Simultaneously, 25 µl of a fresh solution of XTT (1 mg/ml) and menadione (1 mM) in the volume ratio of 12.5:1 was supplemented to each well with gentle mixing, and the plates were incubated at 37°C for 1–1.5 hours. Finally, the absorbance of colored formazan was measured at 490 nm. Antibiotic ciprofloxacin (0.5 mg/ml) acted as a positive control, whereas negative control was the MHB containing the respective bacterial strains in the absence of any bactericidal agent. Final readings were corrected by subtracting the absorbance of various positive blanks. Bactericidal efficiency was evaluated as the % Rd (percentage reduction) of formazan by applying the following formula:

$$\text{Percentage reduction (\% Rd)} = 100\% - \left[ \frac{(\text{Absorbance of well} - \text{Blank absorbance})}{\text{Absorbance in negative control}} \right] \times 100$$

#### 2.4.3. Absorbance in negative control

All experiments were repeated in triplicate and the final readings were calculated as a mean of percentage reduction ( $\pm$ SD). During the evaluation of the bactericidal efficiency of AgNPs, a percentage reduction of less than 5% was considered as concentrations having no effect (NE) on bacterial growth.

### 2.5. Determination of Minimum Inhibitory Concentration (MIC) and Minimum Bactericidal Concentration (MBC)

MIC is defined as the minimum concentration of AgNPs that did not allow any bacterial growth, as conveyed by the OD results of XTT colorimetric method. However, MBC is defined as the minimal concentration of AgNPs that will not permit the growth of bacteria after sub-culturing it on MHA plates that are free from any antibiotic or bactericidal agent [28,29]. It was determined by sub-culturing the bacteria from those wells, which did not exhibit any appearance of bacterial growth as observed while determining the MIC values [25,30].

## 3. RESULT AND DISCUSSION

### 3.1. UV-Visible and FTIR Spectroscopy Profile of AgNPs

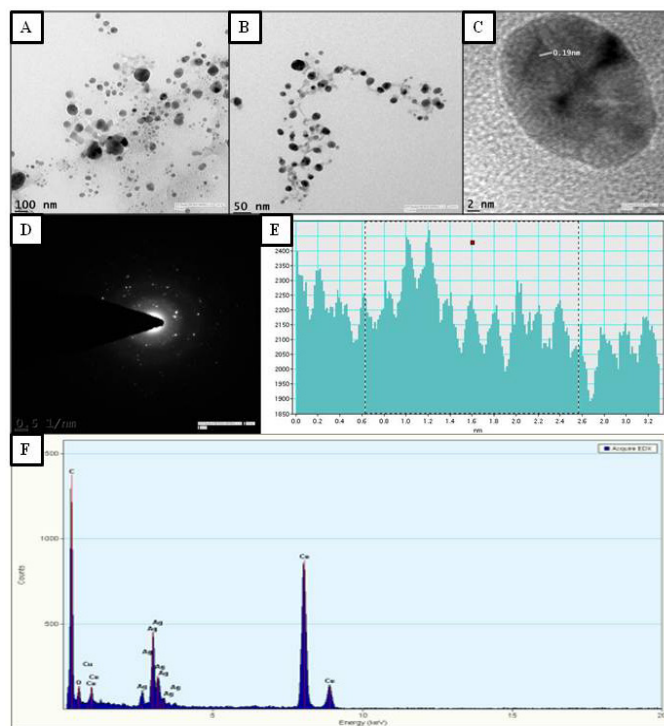
Absorption peak maxima were found to be near 420 nm (Figures 1a and 2a) in the case of both WNs and RNPs. Wheat and rice are nutritious plants and contain various phytochemicals like flavonoids, phenols, alkaloids, proteins, etc. These phytochemicals have a strong reducing potential to reduce AgNO<sub>3</sub> solution (colorless) to AgNPs (reddish brown) within 2–3 minutes of reaction and their stabilization in the solution. The surface plasmon excitation, which caused a change of solution color and absorption maxima near 420 nm, is primary evidence of AgNPs formation in solution and inherent to biologically synthesized AgNPs [3,31,32].



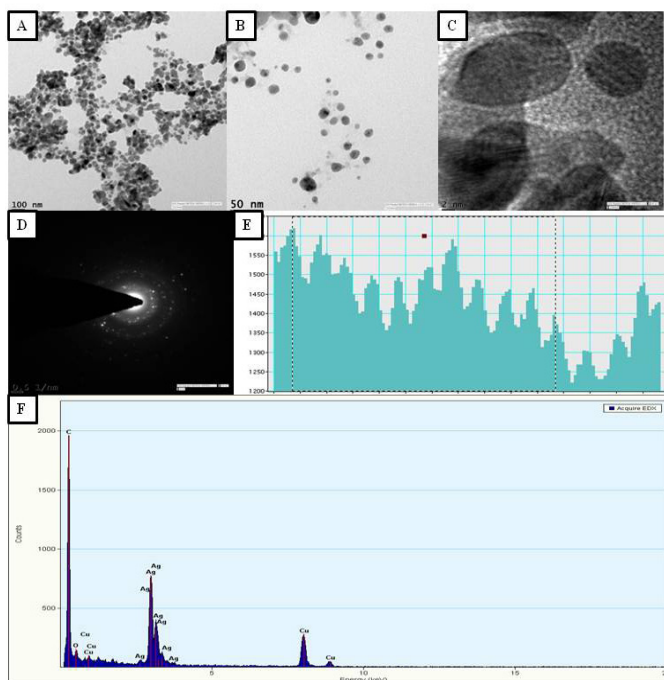
FTIR analysis is an authoritative analyzing tool that identifies diverse functional groups and chemical bonds inherent to a molecule by generating an infrared absorption spectrum [14,33]. The obtained FTIR absorption spectra of AgNPs, as shown in Figures 1(C) and 2(C), chiefly exhibits strong reaction traces of the agrarian molecular extracts and that of silver precursor ( $\text{AgNO}_3$ ). In such studies, prominent spectral bands assuring reaction success were usually exposed between wavenumber  $300\text{--}650\text{ cm}^{-1}$ . In the plant-mediated synthesis of AgNPs, observation of bands in the above range was mainly ascribed to stretching vibrations of various glucose rings and identified residual biomolecular traces. The obtained FTIR spectra of AgNPs clearly expose band growth in the above range of wavenumber that further intensifies in the gamut of absorption regime between  $500\text{--}400\text{ cm}^{-1}$ , indicating the success of the reaction and formation of AgNPs [12,29,34]. The appearance of two maxima near  $430$  and  $415\text{ cm}^{-1}$  in the absorption spectra also indicates particles with reduced size. In such studies, maximum absorption observed near  $430\text{ cm}^{-1}$  wavenumber indicates a high conversion of AgNPs from their precursor. Nevertheless, the presence of multiple bands, especially between  $400$  and  $450\text{ cm}^{-1}$  in the spectra, suggests that particle size was significantly varying because of anisotropy existing in the reaction outcome [34]. In WNP, double bands at  $3,630$  and  $3,650\text{ cm}^{-1}$  were ascribed to O-H stretching of alcohols. However, bands at  $2,912$  and  $3,851\text{ cm}^{-1}$  in RNPs were due to the aliphatic C-H stretching of alkanes ( $\text{CH}_2$ ) and presence of moisture in NPs, respectively [12,29,35]. It has been postulating that water-soluble flavonoids and proteins existing in plants are accountable for  $\text{Ag}^+ \text{--} \text{Ag}^0$  reduction and their stabilization in the solution [12,31,32,35,36].

### 3.2. HRTEM/DLS/EDX RESULTS

HRTEM, SAED pattern, and EDX studies were carried out to assess the size and shape, crystallinity, and elemental analysis of synthesized AgNPs, respectively [12,31,32]. HRTEM images revealed that most of the synthesized AgNPs (WNPs and RNPs) were spherical and oval-shaped, as shown in Figures 3 and 4. In WNPs, the average size of NPs was found to be in the range of  $5\text{--}40\text{ nm}$  (Figure 3a, b and c), whereas in the case of RNPs, the average size was observed in the range of  $10\text{--}70\text{ nm}$  (Figure 4a, b and c). Structural and elemental analyses of both AgNPs were further investigated using SAED and EDX spectroscopy, as shown in Figures 3 and 4. In both synthesized AgNPs, EDX spectra showed that silver was the only ingredient of NPs, as shown in Figures 3 (f) and 4 (f). Furthermore, as shown in Figures 3 (d) and 4 (d), the SAED pattern confirmed the high crystalline nature of synthesized AgNPs. The lattice profiles of WNPs and RNPs are shown in Figures 3 (e) and 4 (e), which suggests the average “d-spacing” of lattice fringes of respective interplane distance. DLS analysis of AgNPs further provided significant information about the size distribution profile of synthesized NPs (Figures 1b & 2b). The technique revealed that the average particle size of WNPs and RNPs were  $19.11$  and  $33.85\text{ nm}$  with an approximate size distribution between  $8\text{--}70$  and  $10\text{--}120\text{ nm}$ , respectively. HRTEM and DLS results corroborated our FTIR findings by exhibiting the anisotropy of reactions in both WNPs and RNPs. The size, shape, morphology, and stability of NPs depend on various parameters, including the pH, reaction temperature, capping agents, concentration of metal precursor salt, reduction potential of a reductant, etc. Parameters such as high pH, high temperature, and

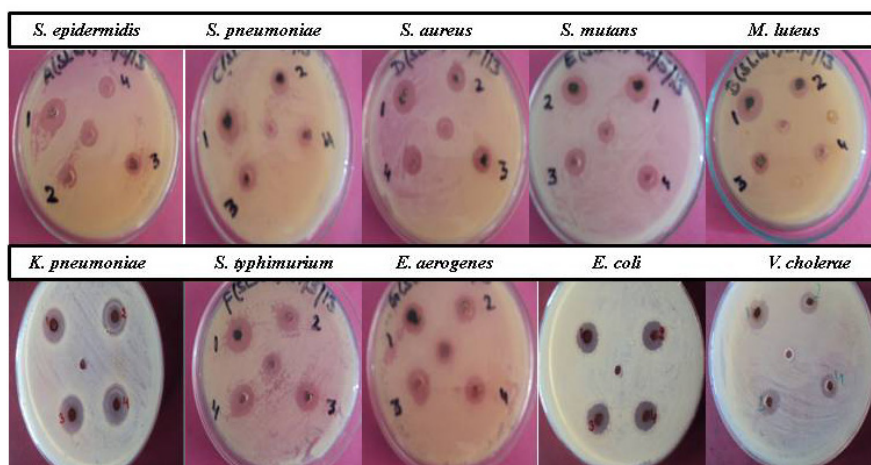


**Figure 3:** HRTEM analysis results of WNPs. HRTEM image with scale bar =  $100\text{ nm}$  (A),  $50\text{ nm}$  (B),  $2\text{ nm}$  (C), SAED pattern (D), line profile of lattice fringes (E), and EDX spectra (F).

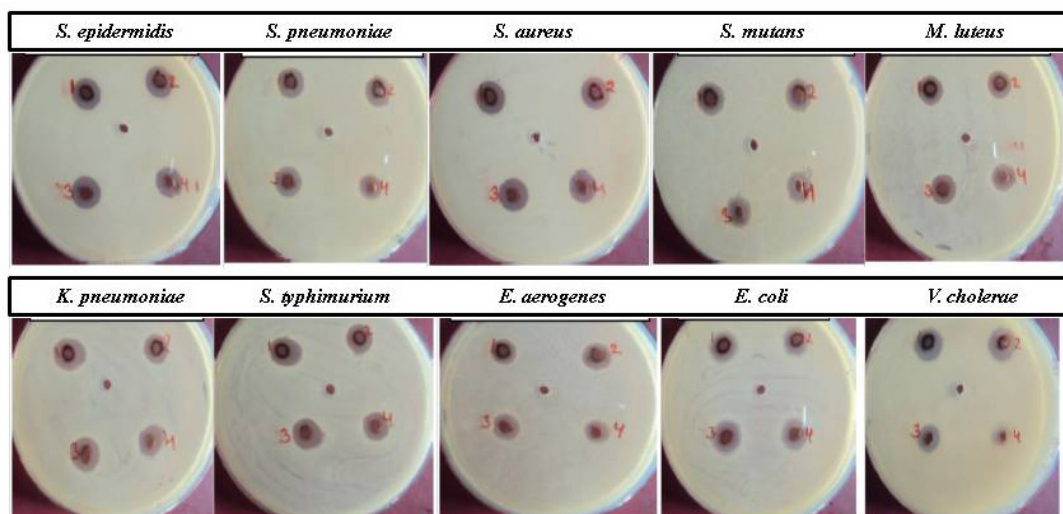


**Figure 4:** HRTEM analysis results of RNPs. HRTEM image with scale bar =  $100\text{ nm}$  (A),  $50\text{ nm}$  (B),  $2\text{ nm}$  (C), SAED pattern (D), line profile of lattice fringes (E), and EDS spectra (F).

a lower concentration of precursor salt were found to help in the formation of small-sized NPs [37,38]. Bark, seed, fruit, seeds, root, flower, and leaves of various plants were used to synthesize AgNPs of size  $0.5\text{--}250\text{ nm}$  of various shapes like the spherical, octahedron,



**Figure 5:** Agar-well diffusion assay results displaying bactericidal effect (ZOI) of WNPs against Gram-positive and Gram-negative bacteria. Different concentrations were 2.0 (1), 1.0 (2), 0.5 (3), and 0.25 mg/ml (4).



**Figure 6:** Agar-well diffusion assay results displaying bactericidal effect (ZOI) of RNPs against Gram-positive and Gram-negative bacteria. Different concentrations were 2.0 (1), 1.0 (2), 0.5 (3), and 0.25 mg/ml (4).

triangular, oval, rod, and face-centered cubic [11,14,15,37,38]. For example, *Tribulus terrestris* L., *Cocos nucifera*, *Azadirachta indica*, and *Mangifera indica* extract mediated synthesis of AgNPs were found to be spherical in shape, having a diameter in the range of 16–28 [15], 10–35 [39], 22 [37], and 200–350 nm [14], respectively. In the present study, AgNPs were mostly spherical, with some percentage of oval-shaped NPs and these shapes are best suited for practical applications [8].

### 3.3. Assessment of the Bactericidal Effect of WNPs and RNPs

Agar-well diffusion assay results showed that both WNPs and RNPs possessed profound antibacterial activity against all pathogenic experimental bacterial strains (Figures 5 and 6). As shown in Table 1, at a concentration of 2.0 mg/ml, WNPs were most effective against Gram-positive *S. aureus* (ZOI:  $7.66 \pm 0.28$  mm), followed by *S. mutans* (ZOI:  $7.16 \pm 0.28$  mm), *S. epidermidis* (ZOI:  $6.83 \pm$

$0.28$  mm), *M. luteus* (ZOI:  $5.83 \pm 0.28$  mm), and *S. pneumoniae* (ZOI:  $4.16 \pm 0.28$  mm). RNPs at the same concentration showed maximum antibacterial activity against *S. aureus* (ZOI:  $6.83 \pm 0.28$  mm), followed by *S. epidermidis* (ZOI:  $6.33 \pm 0.57$  mm), *S. pneumoniae* (ZOI:  $5.33 \pm 0.57$  mm), *S. mutans* (ZOI:  $5.16 \pm 0.28$  mm), and least effective against *M. luteus* (ZOI:  $4.33 \pm 0.57$  mm). In the case of Gram-negative bacteria (Table 2), at 2.0 mg/ml concentration, WNPs demonstrated significant bactericidal activity against *K. pneumoniae* (ZOI:  $8.83 \pm 0.28$  mm), followed by *S. typhimurium* (ZOI:  $8.16 \pm 0.28$  mm), *E. coli* (ZOI:  $5.83 \pm 0.28$  mm), *V. cholerae* (ZOI:  $5.16 \pm 0.28$  mm), and least against *E. aerogenes* (ZOI:  $5.00 \pm 0.00$  mm). However, RNPs exhibited maximum bactericidal effect against *K. pneumoniae* (ZOI:  $6.83 \pm 0.28$  mm) and minimum against *V. cholerae* (ZOI:  $4.33 \pm 0.57$  mm) at a concentration of 2.0 mg/ml. At lower concentrations, the antibacterial effect (ZOI) of WNPs and RNPs followed a similar or slightly different trend of effectiveness. As per agar-well

**Table 1:** ZOI (mean  $\pm$  SD) observed against various gram-positive bacteria by different concentrations of AgNPs (WNPs & RNPs).

Bacteria		ZOI (mm)			
		2.0 mg/ml	1.0 mg/ml	0.5 mg/ml	0.25 mg/ml
<i>Staphylococcus epidermidis</i>	WNPs	6.83 $\pm$ 0.28	5.33 $\pm$ 0.57	4.00 $\pm$ 0.00	2.83 $\pm$ 0.28
	RNPs	6.33 $\pm$ 0.57	5.16 $\pm$ 0.28	3.33 $\pm$ 0.28	2.00 $\pm$ 0.00
<i>Streptococcus pneumoniae</i>	WNPs	4.16 $\pm$ 0.28	3.33 $\pm$ 0.57	2.00 $\pm$ 0.00	1.00 $\pm$ 0.00
	RNPs	5.33 $\pm$ 0.57	2.83 $\pm$ 0.28	2.00 $\pm$ 0.00	1.00 $\pm$ 0.00
<i>Staphylococcus aureus</i>	WNPs	7.66 $\pm$ 0.28	5.16 $\pm$ 0.28	4.83 $\pm$ 0.28	3.16 $\pm$ 0.28
	RNPs	6.83 $\pm$ 0.28	4.33 $\pm$ 0.28	3.0 $\pm$ 0.00	2.83 $\pm$ 0.28
<i>Streptococcus mutans</i>	WNPs	7.16 $\pm$ 0.28	5.66 $\pm$ 0.28	3.83 $\pm$ 0.28	2.33 $\pm$ 0.57
	RNPs	5.16 $\pm$ 0.28	4.00 $\pm$ 0.00	3.16 $\pm$ 0.28	2.00 $\pm$ 0.00
<i>Micrococcus luteus</i>	WNPs	5.83 $\pm$ 0.28	4.16 $\pm$ 0.28	3.00 $\pm$ 0.00	2.16 $\pm$ 0.28
	RNPs	4.33 $\pm$ 0.57	3.00 $\pm$ 0.00	2.00 $\pm$ 0.00	1.83 $\pm$ 0.28

**Table 2:** ZOI (mean  $\pm$  SD) observed against various gram-negative bacteria by different concentrations of AgNPs (WNPs & RNPs).

Bacteria		ZOI (mm)			
		2.0 mg/ml	1.0 mg/ml	0.5 mg/ml	0.25 mg/ml
<i>Klebsiella pneumoniae</i>	WNPs	8.83 $\pm$ 0.28	6.66 $\pm$ 0.28	4.33 $\pm$ 0.57	4.00 $\pm$ 0.00
	RNPs	6.83 $\pm$ 0.28	5.16 $\pm$ 0.28	4.00 $\pm$ 0.00	3.33 $\pm$ 0.57
<i>Salmonella typhimurium</i>	WNPs	8.16 $\pm$ 0.28	6.33 $\pm$ 0.57	5.00 $\pm$ 0.00	4.16 $\pm$ 0.28
	RNPs	6.33 $\pm$ 0.57	4.83 $\pm$ 0.28	4.00 $\pm$ 0.00	3.16 $\pm$ 0.28
<i>Enterobacter aerogenes</i>	WNPs	5.00 $\pm$ 0.00	3.83 $\pm$ 0.28	2.16 $\pm$ 0.28	2.00 $\pm$ 0.00
	RNPs	4.83 $\pm$ 0.28	4.16 $\pm$ 0.28	3.00 $\pm$ 0.00	2.00 $\pm$ 0.00
<i>Escherichia coli</i>	WNPs	5.83 $\pm$ 0.28	4.33 $\pm$ 0.57	3.16 $\pm$ 0.28	3.00 $\pm$ 0.00
	RNPs	5.16 $\pm$ 0.28	4.00 $\pm$ 0.00	2.00 $\pm$ 0.00	1.00 $\pm$ 0.00
<i>Vibrio cholerae</i>	WNPs	5.16 $\pm$ 0.28	3.33 $\pm$ 0.57	2.00 $\pm$ 0.00	1.16 $\pm$ 0.28
	RNPs	4.33 $\pm$ 0.57	3.00 $\pm$ 0.00	2.16 $\pm$ 0.28	1.00 $\pm$ 0.00

diffusion results, it was observed that the small-sized WNPs (19.11 nm) generally possessed a more powerful bactericidal effect against both types of bacteria than large-sized RNPs (33.29 nm). Furthermore, both WNPs and RNPs exhibited a relatively more pronounced bactericidal effect against Gram-negative bacterial strains compared to Gram-positive strains.

The agar-well diffusion method has certain limitations. Agar gel produces hindrance in NPs movement through a solidified gel and affects the releasing of silver ions ( $\text{Ag}^+$ ) from NPs and their contact with bacteria in the surrounding environment [12,40]. To overcome these limitations of the agar-gel method, we carried out the XTT salt-based colorimetric method to reconfirm the bactericidal effect of WNPs and RNPs [25–27].

The results obtained in the XTT colorimetric assay demonstrated that at a concentration of 500  $\mu\text{g/ml}$ , both WNPs and RNPs showed a complete inhibitory effect against all selected Gram-positive bacteria (Tables 3 and 5). WNPs at a concentration of 250  $\mu\text{g/ml}$  still possessed complete inhibitory effect against *S. aureus*, *S. mutans*, *M. luteus*, and *S. epidermidis*. Furthermore, *S. mutans* was

the most sensitive to Gram-positive bacteria to WNPs showing complete inhibition up to the concentration of 125  $\mu\text{g/ml}$ . A low-level bactericidal effect was observed against *S. mutans* (14.14%) and *M. luteus* (10.33%) at the concentration of 15.62  $\mu\text{g/ml}$ , whereas 7.81  $\mu\text{g/ml}$  was the last concentration up to which *S. aureus* (11.02%), *S. pneumoniae* (32.60%), and *S. epidermidis* (23.0%) showed bacterial growth inhibition (Table 5). In the case of RNPs-mediated inhibition against Gram-positive bacteria, at a concentration 250  $\mu\text{g/ml}$ , *S. epidermidis* showed complete inhibition, followed by *S. aureus* (97.26%) > *M. luteus* (94.63%) > *S. mutans* (89.46%) > *S. pneumoniae* (81.42%). The last dilution up to which RNPs were found effective against *S. aureus* (9.29%), *S. pneumoniae* (16.58%), and *S. epidermidis* (33.12%) was 15.62  $\mu\text{g/ml}$ , whereas *M. luteus* (9.89%) and *S. mutans* (24.66%) were inhibited up to the concentration of 7.81 and 31.25  $\mu\text{g/ml}$ , respectively (Table 5).

In the case of Gram-negative bacteria, at the concentration of 250  $\mu\text{g/ml}$  of WNPs, except *E. coli* (92.73%), all other bacteria showed complete inhibition (Tables 4 and 6). *K. pneumoniae* and *S. typhimurium* showed complete inhibition up to the



**Table 3:** Measurement (O.D) of growth of different gram-positive bacteria at different concentrations ( $\mu\text{g/ml}$ ) of WNP & RNP.

Bacteria		PC	NC	500	250	125	62.5	31.25	15.62	7.81	3.90	1.95
<i>Staphylococcus aureus</i>	WNPs	0.069 $\pm$ 0.025	0.790 $\pm$ 0.018	0.004 $\pm$ 0.004	0.007 $\pm$ 0.004	0.088 $\pm$ 0.028	0.198 $\pm$ 0.034	0.314 $\pm$ 0.017	0.508 $\pm$ 0.078	0.703 $\pm$ 0.061	0.738 $\pm$ 0.052	0.916 $\pm$ 0.023
	RNPs	0.065 $\pm$ 0.020	0.657 $\pm$ 0.015	0.008 $\pm$ 0.001	0.018 $\pm$ 0.005	0.133 $\pm$ 0.032	0.337 $\pm$ 0.041	0.410 $\pm$ 0.029	0.596 $\pm$ 0.056	NE	NE	NE
<i>Streptococcus pneumoniae</i>	WNPs	0.050 $\pm$ 0.031	0.865 $\pm$ 0.077	0.008 $\pm$ 0.005	0.046 $\pm$ 0.025	0.098 $\pm$ 0.030	0.076 $\pm$ 0.035	0.131 $\pm$ 0.033	0.260 $\pm$ 0.062	0.583 $\pm$ 0.047	0.822 $\pm$ 0.031	NE
	RNPs	0.049 $\pm$ 0.016	0.856 $\pm$ 0.018	0.006 $\pm$ 0.003	0.159 $\pm$ 0.037	0.397 $\pm$ 0.031	0.548 $\pm$ 0.037	0.653 $\pm$ 0.056	0.714 $\pm$ 0.037	NE	NE	NE
<i>Staphylococcus epidermidis</i>	WNPs	0.112 $\pm$ 0.039	0.917 $\pm$ 0.045	0.007 $\pm$ 0.004	0.009 $\pm$ 0.006	0.065 $\pm$ 0.025	0.168 $\pm$ 0.043	0.275 $\pm$ 0.046	0.479 $\pm$ 0.030	0.706 $\pm$ 0.023	0.877 $\pm$ 0.031	NE
	RNPs	0.073 $\pm$ 0.017	0.809 $\pm$ 0.054	0.009 $\pm$ 0.003	0.008 $\pm$ 0.001	0.022 $\pm$ 0.011	0.096 $\pm$ 0.010	0.264 $\pm$ 0.054	0.541 $\pm$ 0.064	0.799 $\pm$ 0.087	NE	NE
<i>Streptococcus mutans</i>	WNPs	0.077 $\pm$ 0.038	0.728 $\pm$ 0.060	0.006 $\pm$ 0.002	0.003 $\pm$ 0.003	0.009 $\pm$ 0.006	0.090 $\pm$ 0.015	0.201 $\pm$ 0.030	0.625 $\pm$ 0.065	NE	NE	NE
	RNPs	0.082 $\pm$ 0.013	0.750 $\pm$ 0.035	0.004 $\pm$ 0.001	0.079 $\pm$ 0.011	0.257 $\pm$ 0.022	0.451 $\pm$ 0.033	0.565 $\pm$ 0.062	NE	NE	NE	NE
<i>Micrococcus luteus</i>	WNPs	0.045 $\pm$ 0.028	0.842 $\pm$ 0.062	0.006 $\pm$ 0.003	0.004 $\pm$ 0.004	0.158 $\pm$ 0.042	0.408 $\pm$ 0.033	0.662 $\pm$ 0.037	0.755 $\pm$ 0.046	NE	NE	NE
	RNPs	0.076 $\pm$ 0.006	0.708 $\pm$ 0.023	0.007 $\pm$ 0.002	0.038 $\pm$ 0.004	0.078 $\pm$ 0.006	0.176 $\pm$ 0.013	0.372 $\pm$ 0.007	0.520 $\pm$ 0.040	0.638 $\pm$ 0.028	NE	NE

PC: positive control; NC: negative control; NE: No significant bactericidal effect.

**Table 4:** Measurement (O.D) of growth of different gram-negative bacteria at different concentrations of ( $\mu\text{g/ml}$ ) WNP & RNP.

Bacteria		PC	NC	500	250	125	62.5	31.25	15.62	7.81	3.90	1.95
<i>Klebsiella pneumoniae</i>	WNPs	0.101 $\pm$ 0.029	0.850 $\pm$ 0.050	0.004 $\pm$ 0.003	0.006 $\pm$ 0.003	0.006 $\pm$ 0.005	0.139 $\pm$ 0.026	0.384 $\pm$ 0.027	0.596 $\pm$ 0.012	0.649 $\pm$ 0.053	0.784 $\pm$ 0.066	0.968 $\pm$ 0.038
	RNPs	0.057 $\pm$ 0.016	0.805 $\pm$ 0.064	0.007 $\pm$ 0.001	0.006 $\pm$ 0.002	0.080 $\pm$ 0.012	0.207 $\pm$ 0.023	0.351 $\pm$ 0.034	0.498 $\pm$ 0.019	0.657 $\pm$ 0.052	0.839 $\pm$ 0.019	0.902 $\pm$ 0.023
<i>Salmonella typhimurium</i>	WNPs	0.055 $\pm$ 0.024	0.834 $\pm$ 0.024	0.007 $\pm$ 0.001	0.005 $\pm$ 0.003	0.009 $\pm$ 0.001	0.112 $\pm$ 0.017	0.443 $\pm$ 0.036	0.542 $\pm$ 0.030	0.677 $\pm$ 0.024	0.767 $\pm$ 0.043	NE
	RNPs	0.076 $\pm$ 0.016	0.722 $\pm$ 0.038	0.004 $\pm$ 0.001	0.016 $\pm$ 0.003	0.052 $\pm$ 0.014	0.101 $\pm$ 0.016	0.393 $\pm$ 0.020	0.574 $\pm$ 0.050	NE	NE	NE
<i>Enterobacter aerogenes</i>	WNPs	0.114 $\pm$ 0.038	0.774 $\pm$ 0.039	0.004 $\pm$ 0.004	0.005 $\pm$ 0.003	0.097 $\pm$ 0.031	0.184 $\pm$ 0.037	0.293 $\pm$ 0.088	0.337 $\pm$ 0.044	0.524 $\pm$ 0.108	NE	NE
	RNPs	0.105 $\pm$ 0.009	0.728 $\pm$ 0.018	0.004 $\pm$ 0.002	0.059 $\pm$ 0.016	0.065 $\pm$ 0.022	0.165 $\pm$ 0.032	0.248 $\pm$ 0.033	0.425 $\pm$ 0.028	0.698 $\pm$ 0.022	NE	NE
<i>Escherichia coli</i>	WNPs	0.035 $\pm$ 0.007	0.908 $\pm$ 0.044	0.006 $\pm$ 0.003	0.066 $\pm$ 0.024	0.091 $\pm$ 0.014	0.138 $\pm$ 0.023	0.170 $\pm$ 0.035	0.399 $\pm$ 0.023	0.619 $\pm$ 0.035	0.814 $\pm$ 0.045	0.985 $\pm$ 0.007
	RNPs	0.088 $\pm$ 0.010	0.685 $\pm$ 0.027	0.005 $\pm$ 0.002	0.028 $\pm$ 0.001	0.116 $\pm$ 0.023	0.289 $\pm$ 0.019	0.404 $\pm$ 0.009	0.597 $\pm$ 0.033	0.729 $\pm$ 0.024	0.795 $\pm$ 0.016	0.703 $\pm$ 0.014
<i>Vibrio cholerae</i>	WNPs	0.086 $\pm$ 0.005	0.766 $\pm$ 0.071	0.006 $\pm$ 0.001	0.005 $\pm$ 0.001	0.076 $\pm$ 0.014	0.093 $\pm$ 0.008	0.168 $\pm$ 0.021	0.345 $\pm$ 0.048	0.562 $\pm$ 0.053	NE	NE
	RNPs	0.092 $\pm$ 0.004	0.698 $\pm$ 0.049	0.006 $\pm$ 0.001	0.086 $\pm$ 0.025	0.179 $\pm$ 0.022	0.382 $\pm$ 0.027	0.565 $\pm$ 0.059	NE	NE	NE	NE

PC: Positive control; NC: Negative control; NE: No significant bactericidal effect.

concentration of 125  $\mu\text{g/ml}$ , followed by *V. cholerae* (90.07%), *E. coli* (89.97%), and *E. aerogenes* (87.46%). WNP up to the concentration of 7.81  $\mu\text{g/ml}$  displayed a moderate level inhibitory effect in the order of *E. aerogenes* (32.29%) > *E. coli* (31.82%) > *V. cholerae* (26.63%) > *K. pneumoniae* (23.64%) >

*S. typhimurium* (18.82%). Similarly, RNP at the concentration of 250  $\mu\text{g/ml}$  demonstrated complete inhibition of *K. pneumoniae*, followed by *S. typhimurium* (97.78%) > *E. coli* (95.91%) > *E. aerogenes* (91.89%), and least effective against *V. cholerae* (87.67%). In the case of RNP, a moderate level of bactericidal



**Table 5:** Observation of percent reduction (%) in bacterial growth in the presence of different concentrations ( $\mu\text{g/ml}$ ) of WNP & RNPs.

Bacteria		PC	500	250	125	62.5	31.25	15.62	7.81	3.90	1.95
<i>Staphylococcus aureus</i>	WNPs	91.26	CI	CI	88.86	74.93	60.25	35.69	11.02	+6.58	+15.94
	RNPS	90.10	CI	97.26	79.75	48.70	37.59	9.29	NE	NE	NE
<i>Streptococcus pneumoniae</i>	WNPs	94.21	CI	94.68	88.67	91.21	84.85	69.94	32.60	4.97	NE
	RNPS	94.27	CI	81.42	53.62	35.98	23.71	16.58	NE	NE	NE
<i>Staphylococcus epidermidis</i>	WNPs	87.78	CI	CI	92.91	81.67	70.01	47.76	23.00	4.36	NE
	RNPS	90.97	CI	CI	97.28	88.13	67.36	33.12	1.23	NE	NE
<i>Streptococcus mutans</i>	WNPs	89.42	CI	CI	CI	87.63	72.39	14.14	NE	NE	NE
	RNPS	89.06	CI	89.46	65.73	39.86	24.66	NE	NE	NE	NE
<i>Micrococcus luteus</i>	WNPs	94.65	CI	CI	81.23	51.54	21.37	10.33	NE	NE	NE
	RNPS	89.26	CI	94.63	88.98	75.14	47.45	26.55	9.89	NE	NE

NE: No significant bactericidal effect; CI: Complete inhibition (reduction &gt;99.0%).

**Table 6:** Observation of percent reduction (%) in bacterial growth in the presence of different concentrations ( $\mu\text{g/ml}$ ) of WNP & RNPs.

Bacteria		PC	500	250	125	62.5	31.25	15.62	7.81	3.90	1.95
<i>Klebsiella pneumoniae</i>	WNPs	88.11	CI	CI	CI	83.64	54.82	29.88	23.64	7.77	+11.38
	RNPS	92.91	CI	CI	90.06	74.28	56.39	38.13	18.38	+4.22	+12.04
<i>Salmonella typhimurium</i>	WNPs	93.40	CI	CI	CI	86.57	46.88	35.01	18.82	8.03	NE
	RNPS	89.47	CI	97.78	92.79	86.01	45.56	20.49	NE	NE	NE
<i>Enterobacter aerogenes</i>	WNPs	85.27	CI	CI	87.46	76.22	62.14	56.45	32.29	NE	NE
	RNPS	85.57	CI	91.89	91.07	77.33	65.93	41.62	4.12	NE	NE
<i>Escherichia coli</i>	WNPs	96.14	CI	92.73	89.97	84.80	81.27	56.05	31.82	10.35	+8.48
	RNPS	87.15	CI	95.91	83.06	57.81	41.02	12.84	+6.42	+16.05	+2.62
<i>Vibrio cholerae</i>	WNPs	88.77	CI	CI	90.07	87.85	78.06	54.96	26.63	NE	NE
	RNPS	86.81	CI	87.67	74.35	45.27	19.05	NE	NE	NE	NE

NE: No significant bactericidal effect; CI: Complete inhibition (reduction &gt;99.0%).

activity was observed up to the concentration of 15.62  $\mu\text{g/ml}$  against *E. aerogenes* (41.62%) and *K. pneumoniae* (38.13%), and low-level bactericidal effect against *S. typhimurium* (20.49%) and *E. coli* (12.84%), as shown in Table 6.

MIC and MBC concentrations were estimated against all the experimental bacteria in the presence of different concentrations of both WNP and RNP. The results revealed that both MIC and MBC (WNP) values were estimated to 125  $\mu\text{g/ml}$  for bacteria *S. mutans*, *K. pneumoniae*, and *S. typhimurium*, 250  $\mu\text{g/ml}$  for *S. aureus*, *M. luteus*, and *S. epidermidis* and 500  $\mu\text{g/ml}$  for *E. coli*. In the case of *S. pneumoniae*, *E. aerogenes*, and *V. cholerae*, MIC and MBC values were observed at 250 and 500  $\mu\text{g/ml}$ , respectively. Furthermore, in the case of RNP-mediated inhibition, both MIC and MBC values were found at 250  $\mu\text{g/ml}$  for *S. epidermidis* and *K. pneumoniae* and 500  $\mu\text{g/ml}$  in case of all other bacterial strains.

In the present study, besides observation of concentration-dependent bactericidal efficiency of both AgNPs, we also observed that WNP-treated *S. aureus* showed positive growth (growth more than the negative control) at 3.90  $\mu\text{g/ml}$  (+6.58%) and 1.95  $\mu\text{g/ml}$  (15.94%) concentrations (Table 5). WNP also exhibited positive growth with respect to Gram-negative bacteria *K. pneumoniae* (+11.38%) and *E. coli* (+8.48%) at the concentration of 1.95  $\mu\text{g/ml}$  (Table 6). In the case of RNP-mediated inhibition, *K. pneumoniae* demonstrated increased positive growth from 4.22% to 12.04% with respect to a decrease concentration of AgNPs from 3.90 to 1.95  $\mu\text{g/ml}$ . Similarly, from concentrations 7.81 to 3.90  $\mu\text{g/ml}$ , RNP-treated *E. coli* demonstrated an increase in positive growth from 6.42% to 16.05% (Table 6). This positive growth was not observed in further dilutions (<1.95  $\mu\text{g/ml}$ ) in any case. The low dose of WNP, which stimulated the positive growth of *S. aureus*

was found 0.78% (1.95 µg/ml) and 1.56% (3.90 µg/ml) of MIC value. In the case of Gram-negative bacteria *K. pneumoniae* and *E. coli*, WNP's enhancer dose was found 1.56% and 0.39% of their individual MIC values, respectively. Furthermore, a low dose of RNPs, which boosted the growth, was observed to be 0.78%–1.56% of MIC values of both *E. coli* and *K. pneumoniae*.

Several research groups elucidated that AgNPs may inhibit bacterial growth or cell lysis via multiple mechanisms such as adhesion on the bacterial surface through electrostatic attraction between AgNPs and bacterial membrane residues, which directly hampered the permeation of essential nutrients inside the cell [9,41], or penetration through the membrane by making holes, or by altering the structural integrity and disturbing the osmoregulation of bacterial cell [8,42]. Inside the cell, AgNPs release Ag<sup>+</sup> ions which directly generate reactive oxygen species (ROS), and these species may inactivate respiratory enzymes, or may inhibit bacterial replication, transcription or translation and create hindrance in the expression of cellular proteins which ultimately cause bacterial death [9,11,16]. The reason for the bactericidal effect of AgNPs is multifactorial and requires the synergistic effect of all or any combination of the above-mentioned pathways.

Recently, plants extract-based synthesis of AgNPs is gaining popularity due to its great inhibitory potential against a high range of bacteria [10,12,16,29,31,32,35,42]. For instance, AgNPs synthesized from plants such as *M. nigra*, *C. nucifera*, *Abutilon indicum*, *Aloe vera*, and *A. indica* were observed to be a potential bactericidal agent against both gram-positive and gram-negative bacteria like *S. epidermidis*, *S. pneumoniae*, *S. aureus*, *E. aerogenes*, *K. pneumoniae*, *S. mutans*, *M. luteus*, *Salmonella paratyphi*, *Salmonella typhimurium*, *V. cholerae*, *E. coli*, *P. aeruginosa*, etc. [11,14,18,31,37,43,44]. Some of the studies have further shown AgNPs' bactericidal effect against multi-drug resistant bacteria such as *P. aeruginosa*, *E. coli*, *Streptococcus pyogenes*, and *S. aureus* [14,15,29,45–47]. In the present study, both WNP's and RNP's elucidated promissory inhibitory potential against all the Gram-positive and Gram-negative experimental bacteria, but the profound bactericidal effect was observed against *S. epidermidis*, *S. aureus*, *S. mutans*, *K. pneumoniae*, and *S. typhimurium* as described earlier in results.

Results from various studies substantiated the fact that the antibacterial effect of AgNPs is dependent on their shape [48,49], size, concentrations, rate of dissolution of silver ions from NPs [28,44,47,50,51], agglomeration tendency of NPs, aerobic and anaerobic conditions, surface modification of AgNPs, and type of microorganisms [12,52]. It is now well documented in the literature that the release of silver ions from larger NPs is slower in comparison to small size NPs [40]. With a decrease in particle size, there is enhancement in surface area-to-volume (S/V) ratio which directly affects the antibacterial potential of AgNPs. In small NPs, bandgap energy increases and excess energy is observed at the surface of particles which is responsible for lattice contractions. Furthermore, these lattice contractions favor the confinement of electrons and enhance their direct interactions with the bacterial cell wall, hence their killings [8,49,53]. The present study reinforced this conception as we have also observed that small-sized WNP's (19.11 nm)

possessed more profound bactericidal efficiency than large-sized RNP's (33.85 nm) against both Gram-negative and Gram-positive experimental bacterial strains.

A perusal of literature authenticates the notion that MIC and MBC values were dependent on the size and dose of AgNPs. Agnihotri *et al.* [8] revealed that both MIC and MBC concentrations were found to be the size and dose-dependent and observed as 20–110 and 30–140 µg/ml against *E. coli*, 30–120 and 40–140 µg/ml for *Bacillus subtilis*, and 70–200 µg/ml and 80 to >200 µg/ml for *S. aureus*, respectively. It has also been observed in the same study that 20 µg/ml of AgNPs of size 10 nm caused a 53% reduction in cell density as compared to control in *E. coli* and 84% reduction in case of *B. subtilis*, whereas in the case of *S. aureus* at 80 µg/ml concentration 97% reduction in bacterial cell density was observed. Similarly, in some other studies, MIC was found to be 100 µg/ml against *S. aureus* and *E. coli*, 25–100 µg/ml against *E. coli*, *S. typhi*, and *S. aureus* by 10–25 nm-sized AgNPs, 75 µg/ml against *E. coli*, *V. cholerae*, and *S. typhi* by 21 nm-sized AgNPs [29,54,55]. Tanase *et al.* [51] demonstrated that AgNPs of an average size of 44 nm synthesized from *Picea abies* L. showed MIC in the range of 0.05–0.63 mg/ml and MBC in the range of 0.25–1.57 mg/ml against various bacterial strains including *S. aureus*, *E. coli*, *K. pneumoniae*, multiple drug-resistant *S. aureus*, and *P. aeruginosa*. In the case of ultra-small sized AgNPs (4–5.5 nm), two studies reported MIC values in the range of 0.2–7.8 µg/mL against *K. pneumoniae*, *E. coli*, *S. aureus*, and *S. typhimurium* [44,56]. Recently, Dong *et al.* [28] also revealed the size-dependent bactericidal effect of AgNPs, whereas AgNPs with size  $10 \pm 5$  nm were found to have a lower MIC value (1.0 vs. 11.5 µg/ml) in comparison to AgNPs with size  $90 \pm 5$  nm. In accordance with the previous studies, we have also observed that the antibacterial potential of AgNPs was found to be dose and size-dependent. WNP's (19.11 nm) exhibited MIC and MBC values in the concentration range of 125–250 µg/ml, whereas large-sized RNP's (33.85 nm) displayed values in the range of 250–500 µg/ml. Furthermore, small-sized WNP's showed complete inhibition of *S. mutans*, *K. pneumoniae*, and *S. typhimurium* up to the concentration of 125 µg/ml, whereas large-sized RNP's showed complete inhibition against these bacterial strains at concentration 250–500 µg/ml (Tables 5 and 6). These variations in results with comparison to previous studies may be attributed to the differential level of tolerance of bactericidal agents (here AgNPs) by the experimental strains, size, and shape of NPs and different methodology adopted by researchers [29].

During the evaluation of the bactericidal effect of AgNPs, contrary to our expectations, some bacterial strains showed stimulated growth in the medium at certain lower concentrations of AgNPs, as shown in Tables 5 and 6. One Gram-positive bacteria *S. aureus* (+6.58% to +15.94%) and two Gram-negative bacteria *K. pneumoniae* (+11.38%) and *E. coli* (+8.48%) demonstrated enhanced growth in the presence of low-dose WNP's ( $\leq 3.90$  µg/ml). Similarly, the presence of low-dose RNP's ( $\leq 7.81$  µg/ml) stimulated the growth of *K. pneumoniae* (+4.22% to +11.38%) and *E. coli* (+6.42% to +16.05%), as shown in Table 6. Previously, it was shown that sub-lethal concentration (3–8 µg/l) of AgNO<sub>3</sub> boosted *E. coli* growth, and it was further documented that Ag<sup>+</sup> (<15 µg/l) were found to stimulate the *E. coli* growth instead of its inhibition [40]. Similarly,

these unexpected results were also reported by a handful of studies. Schacht *et al.* [57] demonstrated that at certain lower concentrations (20–60 µg/ml) of AgNPs (<15 nm), *Cupriavidus necator* exhibited stimulated growth. Xiu *et al.* [40] reported that polyethylene-glycol (2.8–10.5 nm) and polyvinyl pyrrolidone (20–80 nm) coated AgNPs enhanced the *E. coli* K12 growth from 6% to 13% (at a concentration of 1.8–2.2 µg/ml) and 11–21% (at a concentration of 5.7–16.4 µg/ml), respectively. Similarly, Polyvinylpyrrolidone (PVP)-coated AgNPs (27.1 nm) were observed to boost the growth of *E. coli* up to 29.9% at the concentration of 0.34 µg/ml [58,59]. Not only AgNPs, the stimulated growth was also observed with zinc NPs, where at certain sub-lethal concentrations, zinc NPs of size 90–100 nm escalated the biofilm formation capacity of *V. cholerae* [18]. Moreover, Rodrigues *et al.* [60] demonstrated that single-walled carbon nanotubes increase bacterial cell growth and biofilm formation in *E. coli* K12 bacteria at a concentration between 5 and 300 µg/ml. In the present study, sub-lethal concentrations that enhanced the growth of bacteria were found in the range of 1.95–7.81 µg/ml against bacteria *S. aureus*, *K. pneumoniae*, and *E. coli* and these low-dose concentrations were found to be 0.39%–1.56% of individual MIC value of the respective bacterial strains, as explained in the result section.

This stimulated growth in the presence of certain lower concentrations (sub-lethal) of inhibitors is not a new phenomenon in microbes and is known as hormetic response, which is a biphasic dose-response to an inhibitory agent and is defined by a high dose inhibitory and a low dose stimulatory effect on the growth of microbes [61,62]. This response was reported in many studies where antibiotic stress was tolerated, and a new way of survival was achieved, which was found to be responsible for exponential growth [62,63]. Similarly, NPs exposure and its relation with hormetic response have been studied [59], although the exact mechanism of this altered behavior of the bacterial cell is not defined. By perusal of recent literature, we tried to explain one of the possible mechanisms behind this unusual “enhanced growth”, which may be due to a non-heritable phenomenon called “persistence”. Persister cells are those sets of subpopulation cells that are killed by bactericidal agents much slower than other subpopulation cells sets [64]. The bactericidal effect of AgNPs is generally triggered by the dissolution of the crystalline core of AgNPs and the release of soluble silver ions in the medium [40]. Positively charged silver ions ( $\text{Ag}^+$ ) damage DNA inside the bacterial cell by interacting with negatively charged phosphate components of DNA and also by overproducing reactive oxygen (ROS) species [12,35]. In the presence of a high amount of  $\text{Ag}^+$ , the bacterial defense mechanism failed to eliminate the ROS species, which are overproduced by the AgNPs-mediated stress. Finally, ROS destroy the redox homeostasis of bacteria and cause lipid peroxidation of cell membrane along with damage to replication, transcriptional and translational machinery, which ultimately resulted in bacterial death [12,47]. But in the presence of a low level of AgNPs ( $\text{Ag}^+$ ) concentration, the bacterial defense system has time to respond to AgNPs-mediated toxicity. In this case, due to AgNPs-mediated genotoxicity, there is an accumulation of the aberrant amount of ssDNA inside the bacterial cell, which induces SOS response, a response by DNA-repair regulatory network [28,47]. Furthermore, this continues AgNPs-mediated toxicity produce selection pressure through “DNA

repair heterogeneity” in a certain population of bacteria, and this resulted in the formation of subpopulations of susceptible and persistent cells [64]. This “DNA repair heterogeneity” is a stress-acquired characteristic that is achieved either by mutating and rearrangement of their genome or by differential regulation of genes like DNA-dependent kinase [12]. So, in the case of low-dose (sub-lethal) concentrations of AgNPs, susceptible cells die (which failed to adapt), and persister cells survive by tolerating sub-lethal dose thorough this stress-acquired adaptation. Furthermore, this adaptation potentiates persister cells’ survival and provokes their surge to overcompensate cell damage and population size [17,65–67]. These homeostatic or compensatory set points were achieved by the involvement of various physiological cellular processes, which coordinately and synergistically produce an enhanced stress resistance capacity along with elevated adaptability of persister cells by increasing their cell growth in media [61,62,64,68–70]. This may be one of the probable explanations of hormetic response, which is based on observations made in recent literature data. More studies are required to authenticate such results and to decipher the biochemical or molecular pathways responsible for such stimulated growth.

Global dissemination of antibiotic-resistant pathogenic bacterial strains resulted in increasing cases of mortality and morbidity worldwide [71]. The development of new-generation bactericidal agents requires a complete understanding of bacterial response to different bactericidal agents, and this knowledge can be further exploited for designing future NPs-based antibacterial agents [17,71]. Today’s one of the promising methods for environmentally benign production of AgNPs is believed to be those involving reaction mechanisms mediated by low-cost and non-hazardous phytochemicals from the plant kingdom. Plants contain wide varieties of phytochemicals with high reduction potential, which is an essential property for mediating reactions involving reduction of metal salts for final production of non-structural elemental metal NPs [2,5,10,16]. Crop plants like wheat and rice are annual crops that are easy to grow and easy to maintain compared to other plants species and, therefore, represent a sustainable alternative for biofabrication of various metallic NPs. This plant-based strategy can mostly remain clean, low energy consumption, easy to scaled-up, highly reproducible, and produces AgNPs with great biocompatibility.

#### 4. CONCLUSION

In the present investigation, a green chemistry synthetic route with the help of water extracts of the leaflets of wheat and rice plants was used for the synthesis of well-dispersed AgNPs under controlled processing parameters. These AgNPs were found to be highly effective as a bactericidal agent against various pathogenic bacterial strains. This eco-friendly and non-toxic method is highly reproducible and has further benefits like compatibility with pharmaceutical and biomedical applications. Furthermore, these phytosynthesized AgNPs can be conjugated with various drugs, antibodies, or any ligand of interest for more powerful imaging, drug delivery, and diagnostic techniques for the service of mankind. But, before using them, a deliberate calculation of sub-lethal concentrations of prepared AgNPs



is recommended for their use in any medical applications, especially those that involve pathogenic bacteria.

## 5. AUTHOR CONTRIBUTIONS

All authors made substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; agreed to submit to the current journal; gave final approval of the version to be published; and agree to be accountable for all aspects of the work. All the authors are eligible to be an author as per the international committee of medical journal editors (ICMJE) requirements/guidelines.

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## 7. CONFLICTS OF INTEREST

The authors report no financial or any other conflicts of interest in this work.

## 8. ETHICAL APPROVALS

This study does not involve experiments on animals or human subjects.

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