

Quorum sensing inhibition activities of Philippine ethnobotanicals against multidrug-resistant pathogens

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ABSTRACT

Alternative therapeutic approaches to target microbial multidrug resistance (MDR) have become an important thrust in research. One potential approach to manage antibiotic resistance and pathogenicity in MDR pathogens is through targeting quorum sensing (QS). Blocking the QS system does not affect bacterial growth while preventing bacteria from triggering virulence, reducing pathogenicity and selective pressure to survive, hence, reducing the resistance evolution. Recent ethnopharmacological research highlights the prospects of Philippine ethnobotanicals to discover novel molecules and approaches for targeting the QS system to control diseases and pathogens. In this review, two sets of Philippine ethnobotanicals utilized by ethnic communities - *Ikalahan* and *Ilongot-Egongot* – are highlighted as QS inhibitors. Inhibition of QS-linked virulence factor production such as violacein, biofilm, DNase, α -Hemolysin, swarming motility and coagulase in MDR pathogens *Pseudomonas aeruginosa*, *Staphylococcus aureus*, *Aeromonas hydrophila*, *Streptococcus agalactiae*, *Candida albicans* and one QS reporter bacteria, *Chromobacterium violaceum* by the ethnobotanical extracts are presented. All Philippine ethnobotanicals from the two ethnic communities included in this review showed inhibition on one or more virulence factors highlighting their activities against QS and emphasizes their potential for in-depth research on QS-based drug development for antipathogenesis.

1. INTRODUCTION

The global emergence of antimicrobial resistance (AMR) has become a serious health concern. Recent statistics reported AMR as the direct cause of 1.27 million deaths in 2019 with almost 5 million deaths due to complications of AMR [1], and these numbers are likely to intensify in the coming years. Aside from presenting urgent health concerns and high mortality rates, antimicrobial resistance has imposed major economic burdens on the world healthcare system with global economic impacts due to increasing treatment and diagnostic costs. It is foreseen that the global gross domestic product will decline by 3.8% and will lose \$100 trillion by 2050 if the AMR crisis is not managed [2,3]. Multi-drug resistance (MDR) microbes have emerged as a result of persistent and prolonged antibiotic treatment and have become less responsive to commercial antibiotics. As antibiotics become less effective while more MDR pathogens emerge and spread globally, research efforts are urgently needed to produce novel, effective strategies to control antimicrobial resistance.

A potential alternative to manage antibiotic resistance and pathogenicity in MDR pathogens is through targeting quorum sensing (QS). QS is a

communication system in microbes to coordinate metabolic activities for adaptation to environmental conditions through the regulation of specific genes [4,5]. This is made possible by the production and release of signal molecules called autoinducers [6,7] followed by a cascade of transcription regulation and gene expression through intricate signaling pathways [8]. This system is density-dependent, that is, the bacterial population must reach a threshold density to collectively alter gene expression patterns [9]. QS controls several physiological processes and virulence factors that enhance disease progression more effectively, and these include bioluminescence, biofilm formation, swarming motility, coagulase, and competence [10-12]. QS has attracted considerable interest as a mechanism in controlling pathogenesis in microbes as QS can be selectively blocked to control virulence. Blocking the QS system, called QS inhibition (QSI), does not affect bacterial growth while preventing bacteria from triggering virulence, thereby reducing pathogenicity. In this approach, bacteria are not exposed to selective pressure to survive, hence reducing the resistance evolution [13,14]. QSI represents a novel strategy to control pathogenic infections [15] and several studies have succeeded in demonstrating significant outcomes in terms of practical applicability. This suggests that QSI is a practical alternative to antibiotics [16].

Advancing trends in the control of antimicrobial resistance call for innovative and practical alternatives based on biological control approaches. Recent ethnopharmacological research highlights the potential of ethnobotanicals to discover novel molecules and

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approaches to control diseases and pathogens. Ethnobotanicals are plants of cultural and traditional significance, particularly in relation to their use by the ethnic community for a wide range of purposes [17,18]. Ethnobotany explores how ethnic cultures interact with and utilize these plant resources [19]. Ethnological practices are conventionally handed down through generations as traditions, and this includes medicinal practices using plants to manage diseases and ailments. Most ethnobotanicals are collected from the wild, mostly from geographically isolated areas, and as such, many remain untapped for their pharmacological prospects. This presents valuable resources for discovering and developing pharmacological strategies against microbial resistance and pathogenesis.

Plants and plant metabolites have shown actions on animal and microbial cells and displayed remarkable efficiency against a wide range of medical conditions. Through co-evolution with bacteria, plants developed an array of defenses through metabolites to protect themselves against infections. These antimicrobial metabolites have been shown to inhibit several pathogenic mechanisms in microbes. Phytochemicals have been proven to block QS systems by interfering with QS signals reducing their capacity to coordinate activities resulting in decreased virulence and pathogenicity [20]. Plant metabolites either resemble or mimic QS signals in bacteria that affect QS-related activities making this one of the most effective natural suppressors of QS communication systems [21].

The Philippines is a mega-biodiverse country that hosts two-thirds of the global biodiversity with around 80% of the world's plant and animal species. Despite its small size, the Philippines harbors higher biodiversity than any other country in the world. In terms of plant species, it ranks 5th in the world and hosts 5% of the world's flora [22]. The Philippines comprises an archipelago of more than 7000 islands. Its geography contributed to the country's exceptional level of endemism including at least 25 genera of plants and 50% terrestrial wildlife species. Half of the 52,177 described species in the Philippines are endemic making it one of the top ten most endemic countries in the world [23]. Despite being a top biodiversity hotspot in the world, new species are still being discovered. Medicinal plants and their metabolites played a key role and continue to provide a vast resource for diverse applications in pharmacotherapy in modern medicine [24-26]. Scientific validation of unexplored medicinal plants is now critical due to the fast rate of habitat degradation.

The ethnobotanicals – the plants used by ethnic communities – constitute a rich and expansive source of plants for the discovery of new antipathogenic drugs. The Philippines hosts diverse ethno-linguistic groups with unique customs and cultures [27]. Their cultures and traditions are inextricably linked to their lands which they consider pure and sacred [28]. One of their notable customs is the use of ethnomedicinal plants that are usually found within their ancestral domains. These ethnic communities typically inhabit geographically isolated areas, and hence, most ethnobotanical species still have untapped pharmacological potential. Among these ethnic groups are the *Ilongots* and the *Ikalahans*. The *Ilongot* indigenous people comprise a major ethnic group in the Philippines. Their communities live mostly in the mountains of the provinces of Quirino, Aurora, and Nueva Vizcaya where plant biodiversity is high. There are five *Ilongot* subgroups, one of which is the *Egongots* who mostly reside in Aurora Province. The *Ilongot-Egongot* group has a deep knowledge of the vast resources of plants within their ancestral domain. Their practice of traditional medicine using these plants is handed down through generations which are still practiced in the modern era [29].

The *Ikalahans*, on the other hand, are indigenous people with ancestral domains in the north-east Philippines along the mountainous terrain of Cordillera and Caraballo which are mostly situated in altitudes of more than 3000 feet above sea level [30,31]. Their land is characterized by montane forests with a cool climate and heavy rainfall supporting high levels of biodiversity of approximately 1500 plant and animal species [30,32]. The *Ikalahans* are renowned for their environmentally sustainable 'indigenous knowledge practice systems' that are transferred, protected, and maintained through generations [30,32].

Parallel to the loss in biodiversity, indigenous knowledge of medicinal plants is also at risk of being lost due to modernization. There have been few ethnobotanical evaluations for scientific validation. Ethnobotanicals represents a contemporary collection of plants that have attracted attention as potential sources of antipathogenic compounds and demonstrates a promise of identifying potent, natural sources of QS inhibitors necessary for the development of safe, new antipathogenic therapies [33]. Several papers have reported the inhibition of QS pathways and virulence factors in bacteria and fungi using natural compounds [34-38]. Phytochemicals are natural QS inhibitors [39] and as such, bioactive molecules from ethnobotanicals can be promising alternatives to antibiotics. Ethnobotanicals offer a deep array of newly discovered bioactive molecules and are now contributing toward deeper, practical evidence-based approaches using traditional species. With the advancements in pharmacology, the development of several drugs can be attributed to discoveries in ethnobotany [40,41].

This review highlights the series of evaluations conducted to assess the potential of Philippine ethnobotanicals to control QS related virulence factors in MDR pathogens as well as the significant results of these evaluations. Two sets of Philippine ethnobotanicals of the following indigenous communities are included in this review: *Ikalahans* of Imugan, Nueva Vizcaya, Philippines, and the *Ilongot-Egongots* of Maria Aurora, Aurora, Philippines. The ethnobotanicals of the *Ikalahans* tested were *Ageratina adenophora*, *Alstonia scholaris*, *Ayapana triplinervis*, *Bidens pilosa*, *Cestrum nocturnum*, *Derris elliptica*, *Oreocnide trinervis*, *Pittosporum pentandrum*, *Sarcandra glabra*, and Lipang daga (no known scientific name) [Table 1]. Three solvents were used for crude extraction in this group of ethnobotanicals: ethanol, methanol, and n-hexane. The *Ilongot-Egongot* ethnobotanicals with local names and plant parts used in the evaluation were based on the survey by Balberona *et al.*, 2017 [29]: *Adenantha intermedia*, *Ceiba pentandra*, *Cymbopogon winterianus*, *Dillenia philippinensis*, *Diplazium esculentum*, *Eleusine indica*, *Ficus* sp., *Hydrocotyle vulgaris*, *Hyptis suaveolens*, *Mikania micrantha*, *Premna odorata*, *Phyllanthus urinaria*, *Senna alata*, *Stachytarpetta jamaicensis*, *Urena lobata*, and Talahib (no known scientific name) [Table 1]. Only ethanolic extracts of these plants were evaluated.

This paper reviews the QS inhibition properties of the ethnobotanicals against the pathogenic bacteria *Pseudomonas aeruginosa* [42-47], *Staphylococcus aureus* [48-52], *Aeromonas hydrophila* [33], and *Streptococcus agalactiae* [53]. The *Ikalahan* ethnobotanicals were also tested against the QS reporter bacteria *Chromobacterium violaceum* [54,55]. Inhibition of biofilm formation by the *Ilongot-Egongot* ethnobotanicals against *Candida albicans* has been explored [56]. The test bacteria in the papers included in this review are drug-resistant bacteria that are responsible for a large number of infections in humans and constitute a serious threat to public health. *P. aeruginosa* and *S. aureus* form part of the ESKAPE pathogens which includes six MDR pathogens [57]. ESKAPE includes other bacterial pathogens such as *Enterococcus faecium*, *Klebsiella pneumoniae*,

Table 1: Ethnobotanicals from 2 Philippine ethnic communities evaluated for anti-quorum sensing activities.

Philippine Ethnobotanicals			
Ilongot-Egongot		Ikalahan	
Scientific name	Local name	Scientific name	Local name
<i>Adenantha intermedia</i>	Kares	<i>Ageratina adenophora</i>	Panawel
<i>Ceiba pentandra</i>	Béték	<i>Ayapana triplinervis</i>	Pantallion
<i>Cymbopogon winterianus</i>	Taday	<i>Alstonia scholaris</i>	Palay
<i>Dillenia philippinensis</i>	Katmon	<i>Bidens pilosa</i>	Anwad
<i>Diplazium esculentum</i>	Pako-pako	<i>Cestrum nocturnum</i>	Dama de noche
<i>Eleusine indica</i>	Pag	<i>Derris elliptica</i>	Opay
<i>Ficus</i> sp.	Balete	<i>Oreocnide trinervis</i>	Lal-latan
<i>Hydrocotyle vulgaris</i>	Gotu kola	<i>Pittosporum pentandrum</i>	Lahwik
<i>Hyptis suaveolens</i>	Ambabangot	<i>Sarcandra glabra</i>	Hag-ob
<i>Mikania micrantha</i>	Ola-ola	Lipang daga (no known scientific name)	
<i>Premna odorata</i>	Asédaong		
<i>Phyllanthus urinaria</i>	Taltalikod		
<i>Senna alata</i>	Bensola		
<i>Stachytarpetta jamaicensis</i>	Luzviminda		
<i>Urena lobata</i>	Pukot		
Talahib (no known scientific name)			

Acinetobacter baumannii, and *Enterobacter* spp. This group of pathogens comprise the leading cause of life-threatening nosocomial infections globally [58] that employ a wide spectrum of mechanisms to evade actions of antimicrobials that eventually lead to antibiotic resistance [59] and has been put as a key priority for new therapy development [3]. *P. aeruginosa* and *S. aureus* are both opportunistic pathogens responsible for a number of hospital-acquired infections worldwide [60-62]. Virulence factors of both pathogens are largely regulated through QS which facilitates the production of these factors in a coordinated, cell-density-dependent manner. *P. aeruginosa* biofilms largely contribute to lung infections by adhering to mucin in the respiratory tract [50,63]. Aside from biofilms, it possesses an array of virulence factors such as the production of toxins essential for penetrating tissues [64,65]. Aside from disease progression and host colonization, the armory of virulence factors plays a major role in the bacteria's capability to adapt to environmental changes to rapidly evolve resistance to antibiotics [61]. QS regulates more than 10% of *P. aeruginosa* genes [66] that are primarily involved in virulence factor production, biofilm development, and other factors essential for colonization and disease progression such as the development of mechanisms for antibiotic resistance, motility and adjustment of pathways for metabolism [66-69]. *A. hydrophila* and *S. agalactiae* are significant fish pathogens where infections cause disease outbreaks and huge economic losses, particularly in intensive aquaculture productions where fish densities are high [70-74]. Both bacteria are also zoonotic agents [75-77] and have new emerging multidrug-resistant strains due to the heavy use of antibiotics in aquaculture. In *Candida* sp., surging antifungal resistance presents an emerging concern for the immediate development of control strategies [78,79]. *C. albicans* is one of the most prevalent nosocomial opportunistic commensals in humans [80] that is mainly linked to a number of infections such as candidiasis and bloodstream infections [81]. It possesses an array of strategies that are responsible for the emergence of its resistance to various classes of drugs with an alarming mortality rate of 40% in spite of antifungal treatments [82-84].

This review presents the QS inhibition activities of ethnobotanicals utilized by two major groups of ethnic communities in the Philippines [Table 1] in several virulence factors.

2. INHIBITION OF VIRULENCE FACTORS BY PHILIPPINE ETHNOBOTANICALS

2.1. Violacein Production

C. violaceum is a standard reporter bacterium often used to test quorum-sensing activities through the production of a purple-colored pigment violacein [85]. Violacein is a pigment required for swarming and formation of biofilm and is involved in the regulation of several virulence factors [86]. *C. violaceum* is also a significant human pathogen. Although not common, *C. violaceum* infections can cause high mortality rates [87,88] that are often due to multiorgan failure. *C. violaceum* infections are usually accompanied by pneumonia, severe sepsis, and septic shock [89].

Due to easy visualization, *C. violaceum* is routinely used to screen natural products for their QSI activities. Violacein is produced after the activation of QS through the mediation of acyl-homoserine lactone (AHL) signals [90]. Bacteria employ the AHL molecules as signals to regulate the expression of certain genes in response to the environment and population density that are recognized by specific receptors. Thus, through the visible inhibition of violacein production, it can be said that AHL signals are blocked. AHL signaling is not only required for violacein production in *C. violaceum*, but also critical for plant and animal diseases, specifically bacteria-caused infections. Blocking AHL signals can be tapped to control pathogen virulence [91].

The ethnobotanical extracts of the *Ikalahan*s were evaluated for QSI by phenotypic visualization of violacein production reduction in *C. violaceum* through the standard disk diffusion assay. Two solvents – ethanol and methanol – were used for the extraction of plants. The ethanolic and methanolic extracts of *S. glabra*, *D. elliptica*,

A. adenophora, and *A. triplinervis* visibly showed consistent inhibition of the production of the purple pigment [54,55] [Table 2] as shown by the absence of growth around the disc. In addition, the absence of violacein production was also noted in bacterial cultures treated with the ethanol extracts of *C. nocturnum*, *A. scholaris* [54], and the methanolic extracts of *B. pilosa*, *O. trinervis*, *P. pentandrum* [55]. These extracts exhibited strong inhibitory effects as noted by the measured zones of inhibition around the discs.

2.2. Biofilm Formation

Biofilm formation is a QS-related process in which bacterial cells produce a complex matrix of extracellular polymeric substances that include polysaccharides and proteins that provide protection to the bacterial community and prevent or delay the penetration of antimicrobial agents into the cells [92-94]. Biofilms play a major role in the increased resistance of bacteria to antibiotics [95,96]. In fact, bacteria in biofilms tend to be more tolerant of antibiotics compared to those in the planktonic state [97]. Not only does it protect the bacterial community from antibiotics, but it also effectively blocks the host's immune cells [98] and provides protection against sudden changes in the environment and mechanical damage [99,100].

Biofilm production presents a serious health concern as it is related to most persistent chronic infections [101] and contributes to clinical complications. Biofilms play a major role in the development of AMR and are the centers of genetic transfer of mobile elements [102]. Another factor to consider is that mutation and horizontal gene transfer (HGT) are more frequent in bacteria with biofilms. Biofilms provide ideal conditions for HGT through conjugation that enables the transfer of AMR genes [103]. Biofilm-forming bacteria often use this self-produced biofilm to attach to surfaces that cannot be immediately controlled by antibiotics [104]. Aside from the clinical settings, the incidence of biofilm is common in the environment. Biofilms are commonly associated with food contamination [105-108] and biofouling in water treatment membranes [96,109]. Many different bacteria and fungi, as well as other microbes, can produce biofilm. Approximately 80% of infectious diseases are related to biofilms [110].

Controlling the formation of biofilm is a significant step in controlling pathogenesis and antimicrobial resistance.

P. aeruginosa biofilms are the major cause of chronic infections that are persistent [111,112]. *P. aeruginosa* biofilms, as with other biofilm-forming bacteria, play a significant role in resisting antibiotics and the host immune system through several mechanisms [57,65]. It is therefore important to increase the susceptibility of *P. aeruginosa* to antimicrobials by controlling biofilm development and attachment or by destroying it [112] to attenuate bacterial virulence and pathogenicity, and consequently, antibiotic resistance. A number of Philippine ethnobotanicals showed antibiofilm activity against *P. aeruginosa* [Table 3]. Santos *et al.* [47] tested the different plant parts of *Ilongot-Egongot* ethnobotanicals against a reference strain and one clinical isolate of *P. aeruginosa*. The crude extracts of *A. intermedia*, *D. esculentum*, *E. indica* leaves, *H. suaveolens* flowers, *H. vulgaris*, *M. micrantha*, and Talahib have biofilm inhibitory effects against *P. aeruginosa* clinical isolate. Against the reference strain *P. aeruginosa* PNCM 1335, a significant reduction in biofilm formation was observed in the crude extracts of *A. intermedia*, *C. pentandra*, *E. indica*, *D. esculentum*, *H. suaveolens*, *H. vulgaris*, *M. micrantha*, *S. jamaicensis*, *U. lobata*, and Talahib. These biofilm inhibition activities were confirmed through gene expression analyses of biofilm-linked genes (see discussion on the downregulation of QS-linked genes at the later part of the review). The *Ikalahan* methanolic crude extracts of *C. nocturnum*, *P. pentandrum*, and Lipang Daga (local name) also showed inhibition of biofilm formation in *P. aeruginosa* [43] [Table 2].

The *Ilongot-Egongot* ethnobotanicals were also evaluated against aquaculture pathogens *A. hydrophila* and *S. agalactiae* biofilm formation. A significant decrease in *A. hydrophila* biofilm formation was observed using the crude extracts of 13 *Ilongot-Egongot* ethnobotanicals namely *C. pentandra*, *C. winterianus*, bark and leaves of *D. philippinensis*, *D. esculentum*, roots and leaves of *E. indica*, *H. vulgaris*, *M. micrantha*, bark and leaves of *P. odorata*, *P. urinaria*, *S. jamaicensis*, and *U. lobata* [Table 3]. The plant extracts tested showed lower optical density (OD) values compared to the control (no extract) after performing the microtiter plate assay for biofilm

Table 2: Summary of QSI activities of the *Ikalahan* ethnobotanicals.

Ethnobotanicals	<i>Chromobacterium Violaceum</i>			<i>Pseudomonas aeruginosa</i>						<i>Staphylococcus aureus</i>								
	Disc diffusion assay		Pyocyanin production	Swarming motility			Biofilm formation	DNase			α-Hemolysin			Coagulase				
	EE	ME		EE	ME	HEX		EE	ME	HEX	EE	ME	HEX					
<i>Bidens pilosa</i>	Red	Green	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
<i>Cestrum nocturnum</i>	Green	Red	Green	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
<i>Sarcandra glabra</i>	Green	Red	Green	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
<i>Oreocnide Trinervis</i>	Red	Green	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
<i>Pittosporum pentandrum</i>	Green	Red	Black	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
Lipang-daga	Green	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
<i>Derris elliptica</i>	Green	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
<i>Alstonia scholaris</i>	Green	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
<i>Ageratina adenophora</i>	Green	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
<i>Ayapana triplinervis</i>	Green	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red

Green: With QSI activity Red: No QSI activity Black: With antibacterial activity CE: Crude Extract CE-AuNPs: Biologically synthesized gold nanoparticles. QSI: Quorum sensing inhibition

Table 3: Summary of QSI activities of the Philippine *Ilongot-Egongot* ethnobotanicals.

Ethnobotanicals	<i>Aeromonas hydrophila</i>		<i>Streptococcus agalactiae</i>		<i>Pseudomonas aeruginosa</i> clinical isolate		<i>Pseudomonas aeruginosa</i> reference strain		<i>Staphylococcus aureus</i> reference strain	MRSA		<i>Candida albicans</i>	
	Biofilm formation		Biofilm formation		Biofilm formation		Biofilm formation		Coagulase	Coagulase	DNase	Biofilm formation	
	CE	CE-AuNPs	CE	CE-AuNPs	CE	CE-AuNPs	CE	CE-AuNPs	CE	CE	CE	CE	CE
<i>Hydrocotyle vulgaris</i>	Green	Black	Red	Black	Green	Green	Green	Green	Red	Green	Red	Green	Green
<i>Mikania micrantha</i> leaves	Black	Black	Green	Black	Green	Green	Green	Green	Red	Green	Red	Green	Green
<i>Dillenia philippinensis</i> bark	Black	Black	Green	Black	Red	Green	Red	Green	Green	Green	Red	Green	Green
<i>Dillenia philippinensis</i> leaves	Black	Black	Green	Black	Red	Green	Red	Green	Black	Green	Red	Green	Red
<i>Ceiba pentandra</i>	Black	Black	Green	Black	Red	Green	Red	Green	Red	Green	Red	Green	Green
<i>Cymbopogon winterianus</i>	Black	Black	Green	Black	Red	Green	Red	Green	Red	Green	Red	Green	Green
<i>Senna alata</i>	Black	Black	Green	Black	Red	Green	Red	Green	Red	Green	Red	Green	Green
<i>Urena lobata</i>	Black	Black	Green	Black	Red	Green	Red	Green	Black	Green	Red	Green	Green
<i>Premna odorata</i> bark	Black	Black	Green	Black	Red	Green	Red	Green	Red	Green	Red	Green	Green
<i>Premna odorata</i> leaves	Black	Black	Green	Black	Red	Black	Red	Green	Red	Green	Red	Green	Red
<i>Stachytarpetta jamaicensis</i> leaves	Black	Black	Green	Black	Red	Black	Red	Green	Green	Green	Red	Green	Green
<i>Eleusine indica</i> roots	Black	Black	Green	Black	Red	Green	Red	Green	Red	Green	Red	Green	Green
<i>Eleusine indica</i> leaves	Black	Black	Green	Black	Red	Green	Red	Green	Red	Green	Red	Green	Green
<i>Diplazium esculentum</i>	Black	Black	Green	Black	Red	Green	Red	Green	Black	Green	Red	Green	Green
<i>Phyllanthus urinaria</i>	Black	Black	Green	Black	Red	Green	Red	Green	Red	Green	Red	Green	Green

Green: With QSI activity Red: No QSI activity Black: With antibacterial activity CE: Crude Extract CE-AuNPs: Biologically synthesized gold nanoparticles. QSI: Quorum sensing inhibition

formation, [33]. In *S. agalactiae* biofilm formation, fourteen (14) *Ilongot-Egongot* ethnobotanical crude extracts, namely, *C. pentandra*, *C. winterianus*, *C. alata* leaves, bark and leaves of *D. philippinensis*, roots and leaves of *E. indica*, *D. esculentum*, *M. micrantha*, bark and leaves of *P. odorata*, *P. urinaria*, *S. jamaicensis*, and *U. lobata* [Table 3] showed a significant decrease in biofilm formation [53]. The genes related to biofilm formation were significantly downregulated as affected by the ethnobotanical extracts both in *A. hydrophila* and *S. agalactiae* (see later part of discussion).

The *Ilongot-Egongot* ethnobotanicals were also tested in *C. albicans* biofilm formation [Table 3]. The OD values of the *C. albicans* clinical isolate culture treated with extracts of *C. pentandra* leaf, *C. winterianus* leaf, *D. philippinensis* leaf, *D. esculentum*, roots and leaves of *E. indica*, *S. alata*, *H. vulgaris* leaf, *M. micrantha* leaf, *P. odorata* bark, *P. urinaria*, *S. jamaicensis* leaf, and *U. lobata* leaf showed significantly lower OD values ranging from 0.062 to 0.083 mg/mL compared to the negative control (no extract) with a higher value of 0.19 mg/mL [56] showing inhibition of biofilm formation and were confirmed through gene expression analyses (see discussion on inhibition of quorum-sensing-linked genes using Philippine ethnobotanicals - Section 4.0).

2.3. Coagulase Formation

S. aureus is the only known human disease-causing bacteria that produce coagulase [113]. Coagulase is a virulence factor involved in establishing host infections with *S. aureus* [114,115]. *S. aureus* is a

significant human pathogen with a remarkable genetic competence for antibiotic resistance [116]. Through adaptive mutations, resistant strains such as methicillin resistant *S. aureus* and vancomycin-resistant *S. aureus* have reached epidemic proportions globally [116-118]. The slow development of effective antibiotics and rapidly evolving resistance make *S. aureus* infections challenging to manage [119]. Hence, new therapeutic modalities with less potential for resistance must be developed immediately [120,121]. The Philippine ethnobotanicals were evaluated against coagulase formation in *S. aureus* through the tube coagulase assay using rabbit plasma. The tube coagulase assay is performed to measure the production of coagulase enzyme by *S. aureus* and uses rabbit plasma. Coagulase is an enzyme that causes the plasma to clot by converting fibrinogen to fibrin [122]. Clotting reaction after 4–24 h of incubation indicates QS activity. Three ethnobotanical crude extracts of the *Ilongot-Egongot* community showed inhibition of coagulation [37,50]. These are *D. philippinensis* bark, *E. indica* roots and *S. jamaicensis* leaves [Table 3]. Ethanol extracts of *Ikalahan* ethnobotanicals such as *A. triplinervis*, *A. adenophora*, *D. elliptica*, *O. trinervis* and *S. glabra* showed anti-coagulase activity against *S. aureus* [51] [Table 2].

2.4. α -Hemolysin

α -Hemolysin is a cytotoxic protein and a major QS-mediated virulence factor that plays a significant role in *S. aureus* pathogenesis [123-125]. *S. aureus* secretes hemolysins, one of which is the α -Hemolysin, which allows lysis of red blood cells. The α toxin is active against

a wide range of mammalian cells and implicated in a wide range of *S. aureus* diseases such as skin and soft-tissue infections [126], pneumonia [125], bacteremia and sepsis [127], lethal peritonitis [128], septic arthritis, brain abscess and corneal infections [123].

The α -Hemolysin assay was done using Blood Agar supplemented with the ethnobotanical crude extracts. 24-h culture of *S. aureus* was streaked onto the agar and incubated for no more than 24 h. The absence of hemolysis in plates indicates inhibition of α -Hemolysin production by the ethnobotanical extracts. Only the ethanol and n-hexane extracts of *Ikalahan* ethnobotanicals *A. scholaris*, *A. adenophora*, *A. triplinervis*, *B. pilosa*, *C. nocturnum*, *D. elliptica*, *O. trinervis*, *P. pentandrum*, *S. glabra*, and Lipang Daga inhibited the production of α -toxin in *S. aureus* [Table 2] [48,49]. This was observed as the absence of hemolysis in the blood agar plates cultured with the bacteria compared to the negative control (water) where hemolysis was evident. Methanolic extracts of these ethnobotanicals failed to inhibit the production of α -Hemolysin.

2.5. Deoxyribonuclease (DNase)

S. aureus produces an enzyme that is capable of breaking down DNA [129]. DNase is a virulence factor [130] that allows *S. aureus* to evade immune cells, particularly the neutrophils, from attacking them. Neutrophils are a critical part of the innate immune system and the primary line of protection against invading pathogenic bacteria [131]. Some bacteria have the capacity to circumvent destruction by neutrophils [115]. In the case of *S. aureus*, this is made possible by the production of DNase [132]. Avoiding destruction, this allows the bacteria to invade tissues and cause infections [133,134]. DNase has also been linked to *S. aureus*-related pus-forming illnesses. Aside from this, DNase is known to contribute to virulence factor production such as maturation of biofilm and is further involved in bacterial growth [135,136]. In some countries, phenotypic coagulase tests are usually conducted to confirm infections by *S. aureus* [137].

Deoxyribonuclease (DNase) assay is done through the addition of hydrochloric acid (HCl). DNase production can be observed through clear zones of depolymerized DNA around the bacterial colonies. The bacterial cultures treated with methanolic extracts of *D. elliptica* and *O. trinervis* [52] and the ethanolic extracts of *A. triplinervis*, *C. nocturnum*, and *O. trinervis* [48] inhibited the phenotypic expression of DNase [Table 2]. Clear zones surrounding the bacterial streak and colonies suggest the presence of DNase [138,139], hence, the QSI activity was noted by the absence of clearing around the bacterial colonies that are opaque and whitish due to polymerized DNA.

2.6. Swarming Motility

Swarming is a QS-related process where coordinated movements allow bacteria to spread across a surface [140]. Since it is QS-linked, bacterial density and growth medium are critical for this process [141]. In *P. aeruginosa*, swarming aids the bacterial community to cause infections by producing secretions that reduce surface tension in their environment [141,142]; it is a necessary step for bacterial migration and colonization as well as a major contributor for the production of biofilms. In the reviewed papers, only the *Ikalahan* ethnobotanical methanolic extracts (*A. adenophora*, *A. triplinervis*, *A. scholaris*, *B. pilosa*, *C. nocturnum*, *D. elliptica*, *O. trinervis*, *P. pentandrum*, *S. glabra*, and Lipang daga) significantly controlled swarming motility in *P. aeruginosa* [42] [Table 2].

2.7. Pyocyanin Production

Pyocyanin is a *P. aeruginosa* virulence factor that contributes to its pathogenesis by invasion and inhibition of several cells and cellular processes in humans such as those in respiratory epithelial cells and immune cells [143,144]. Only the ethanolic extracts of *Ikalahan* ethnobotanicals *O. trinervis*, *C. nocturnum*, and *A. triplinervis* showed significant inhibition of pyocyanin production in *P. aeruginosa* [44] [Table 2]. A number of *Ikalahan* ethnobotanical methanol extracts showed lower pyocyanin production (*B. pilosa*, *O. trinervis*, *A. triplinervis* and *D. elliptica*) [42] but were not significantly different from the negative control.

3. BIOLOGICALLY SYNTHESIZED GOLD NANOPARTICLES USING THE PHILIPPINE ETHNOBOTANICALS

Nanotechnology had gradually pushed drug design into new heights through novel approaches. Among the potential applications of nanotech-designed materials is the synthesis of nanoparticles to target multidrug resistance in bacteria. As mentioned earlier, MDR has become a global health concern. To address this, nanoparticles offer advantages in designing antimicrobial drugs through extremely reduced size, biocompatibility, and targeted drug delivery [145-147]. Among nanotechnology approaches, green synthesis of nanoparticles draws interest as it offers solutions to control diseases without the toxicity commonly associated with nanoparticles synthesized using the standard physical and chemical methods. Toxicity is avoided in nanoparticle green synthesis as it utilizes natural products as capping or reducing agents. The method also reduces the use of toxic chemicals, requires less energy, is cost-effective, relatively fast and easy to perform, and generally with less pollution, and thus, environment-friendly [148,149]. The exceptional properties of natural metabolites are tapped for the stable synthesis of nanoparticles [149]. While the research in biosynthesized nanoparticles is mostly still in the laboratory phase and their sustainability has to be established, these NPs show considerable potential applications in biomedical science and other industries [150].

Among the metallic nanoparticles, gold nanoparticles (AuNPs) have gained significant attention in drug development due to their unique properties. AuNPs are generally considered biocompatible, making them suitable for use in biological systems, particularly for applications in drug delivery [151]. It is an ideal carrier of antimicrobial agents as this is the least toxic metal [152] and does not cause adverse reaction with human body tissues and fluids. AuNPs are also relatively stable in the body due to its high reduction potential [153]. Moreover, the tunability of AuNPs allow for precise control of size and shape to cater to targeted drug delivery while minimizing side effects applications [154,155]. This property is crucial as their extremely reduced size allow them to penetrate cells easily and their surface can be modified to attach therapeutic agents. Furthermore, the Enhanced Permeability and Retention (EPR) of AuNPs allows them to accumulate in diseased tissues such as cancer tumors for extended period of time compared to normal tissues [156,157].

Combining the potential of nanoparticles for effective drug delivery in disrupting QS with the antimicrobial power of natural metabolites is a novel strategy to address multidrug resistance in microbes. On this premise, the *Ilongot-Egongot* ethnobotanicals were utilized to synthesize gold nanoparticles which were consequently evaluated

for anti-QS activities. The formation of the gold nanoparticles using the ethnobotanicals was confirmed through SPR peaks observed in ultraviolet-visible spectroscopy and the observation of the change in color to pink-red indicates a reduction in size. These were tested against *P. aeruginosa* reference strain and clinical isolate [33], *A. hydrophila* [33], *S. agalactiae* [53], and *C. albicans* [56] biofilm formation [Table 3]. The evaluated ethnobotanically synthesized NPs displayed efficiency in inhibiting biofilm formation in the test bacteria whereas treatments with biosynthesized NPs showed significantly lower biofilm formation compared to treatments with only crude extracts. Table 3 shows the comparison of the biosynthesized NPs (CE-AuNPs) with crude extracts (CEs). NPs synthesized using *C. pentandra*, *C. winterianus*, *D. philippinensis* bark, *E. indica* roots, *H. vulgaris*, *M. micrantha*, *P. urinaria*, *P. odorata*, and *S. alata* had displayed antibacterial activity in the pre-screening for QS assays showing a high level of action against *A. hydrophila* [33]. To continue to subsequent QS assays, the sub-MIC (minimum inhibitory concentration) has to be determined, of which these were not included in the reviewed studies. The same case can be observed for most biosynthesized NPs included in the evaluation against *S. agalactiae* [53]. A number of biosynthesized gold nanoparticles were also shown to be more efficient than crude extracts in inhibiting biofilm formation in both clinical isolates and reference strains of *P. aeruginosa*. In cases where both CE and CE-AuNPs displayed biofilm formation inhibition, several AuNP treatments had significantly higher biofilm formation inhibition as was the observation in *A. hydrophila*, *S. agalactiae*, and *C. albicans* [33,53,56].

Current control strategies for MDR in bacteria only include chemical-based drugs and antiseptic solutions [102] with reduced penetration in the cell or limited access because of biofilms. Nanoparticles constitute a novel option as antimicrobial drugs can be delivered more efficiently through their extremely reduced nanosize and increased surface area that consequently results in faster penetration of the cell membrane and other biological barriers. Integrated with active metabolites, its applications in the medical field is wide.

4. INHIBITION OF QUORUM-SENSING-LINKED GENES USING PHILIPPINE ETHNOBOTANICALS

QS is made possible by collective gene expression brought about by the secretion of signal molecules that are triggered once the density has reached a certain threshold. It is a complex signaling circuit with several linked pathways [8]. The LuxI/LuxR circuit regulates QS in gram negative bacteria. In *P. aeruginosa*, two major circuits that are homologues of LuxI/LuxR regulate QS: LasI/LasR and RhII/RhIR. Both homologues, as is in LuxI/LuxR, produce homoserine lactones (HSL) as autoinducers. When HSLs reach a certain threshold level, their complex with LasR/RhIR activates the transcription of genes that leads to the expression of virulence factors [158]. The Las and RhI systems, in conjunction with the respective HSLs, regulate up to 353 genes, accounting for approximately 6% of the *P. aeruginosa* genome [159]. When the threshold quorum concentration is reached, the QS molecules C4-HSL and 3-oxo-C12-HSL, which are synthesized by LasI and RhII, respectively, are recognized by their associated receptors, LasR and RhIR. A cascade of gene expression of virulence genes follows after the activation of LasR, a regulator of pathogenicity in *P. aeruginosa* [160-162]. Subsequently, if lasR expression is blocked, regulation of other QS-linked genes, particularly those that play a role in biofilm formation, will be affected [163].

In Gram-positive bacteria, the signal molecule is in the form of peptides produced from precursors called autoinducing peptides (AIPs) [11]. Common to other QS systems, once the AIPs reaches a threshold concentration, a cascade of expression for the production of several virulence factors follow [121,164]. In *S. aureus*, the accessory gene regulator (*agr*) system produces this signal molecule and plays a significant role in the production of *S. aureus* virulence and pathogenesis [165]. The production extracellular toxins and enzymes by the *agr* system [121,166,167] is critical for *S. aureus* colonization and resistance to host immune response [168].

In *P. aeruginosa*, QS-linked genes were significantly downregulated in treatments in several *Ilongot-Egongot* ethnobotanical extracts as well as in biosynthesized gold nanoparticles [Table 3]. The significant decrease in biofilm formation by plants extracts and biosynthesized nanoparticles using *M. micrantha*, *A. intermedia*, and Talahib was confirmed through the downregulation of *lasR* [47] and also *rhIR* [46] validating the results in QSI biofilm quantification. Since *lasR* is a transcription regulator of several QS virulence factors e.g. biofilms, its downregulation may mean that the molecules in the ethnobotanical extracts could have blocked its transcription or a genetic pathway, leading to it that led to the decrease in biofilm production.

AhyR expression also showed downregulation in *A. hydrophila* as affected by the crude ethnobotanical extracts and the biosynthesized AuNPs [33] [Table 3]. *AhyR* is a *luxR* homologue in *A. hydrophila* responsible for HSL production and regulates pathogenicity [169,170]. As in other bacteria, blocking *AhyR* expression likewise results in the control of the QS cascade affecting the production of other virulence factors.

In *C. albicans*, the molecular expression of two biofilm-linked genes, *Bcr1* and *Hsp90*, showed significant downregulation as affected by both ethnobotanical crude extracts and the biosynthesized AuNPs [56] [Table 3]. Specifically, *Bcr1* expression was significantly downregulated in the treatments with decreased biofilm formation such as in *H. vulgaris*, *M. micrantha* leaf, *C. pentandra* leaf, *C. winterianus* leaf, *S. alata*, *U. lobata* leaf, *D. philippinensis* leaf, *P. odorata* bark, *S. jamaicensis* leaf, *E. indica* roots, *D. esculentum*, *E. indica* leaf, and *P. urinaria* leaf as compared to treatments without ethnobotanical extracts used. *Bcr1* is a transcription regulator. The polysaccharide matrix in *C. albicans* is regulated by the expression of *Bcr1*. The intricate biofilm and its complex polysaccharide matrix are therefore affected by *Bcr1* downregulation [171], which suggests that biofilm production will be suppressed or will not result in a robust extracellular matrix. *C. albicans* culture treated with CEs of *H. vulgaris*, *M. micrantha* leaf, *C. pentandra* leaf, *C. winterianus* leaf, *S. alata*, *U. lobata* leaf, *D. philippinensis* leaf, *P. odorata* bark, *S. jamaicensis* leaf, *E. indica* roots, *D. esculentum*, *E. indica* leaf, and *P. urinaria* showed significant downregulation of *Hsp90*. As a key regulator of biofilm development and drug resistance in *C. albicans* [172], compromised *Hsp90* regulation leads to weak biofilm formation [173]. Hence, targeting *Hsp90* can be tapped for *C. albicans* therapy and drug resistance.

Ilongot-Egongot ethnobotanicals *S. jamaicensis* leaves, *E. indica* roots and *D. philippinensis* bark significantly downregulated *agrA* confirming the inhibition of coagulase formation. A number of these ethnobotanicals also displayed downregulation of *agrA* in *S. agalactiae* [53].

5. FUTURE PERSPECTIVES

The papers included in this review have proven that Philippine ethnobotanicals possess QSI actions in virulence factors in bacteria such as violacein formation [54,55], α -Hemolysin [44,45], swarming motility [42], DNase [48], pyocyanin production [42,44], coagulase [50,51], and biofilm formation [33,43,46,47,53,56], showing the immense prospects of tapping these plants for anti-virulence drug design. Aside from QSI activities, these plants have shown potent biological activities against gout [174], cancer cell lines [175], diabetes [176,177], inflammation and pain [178], and also possesses antioxidant properties [179]. These results present opportunities for further evaluations to exploit the potential of Philippine ethnobotanicals. All these plants have been used for centuries in traditional folk medicine to treat infections and diseases that are being practiced today.

Not much research on QSI activities has been reported on Philippine ethnobotanicals. Research targeting bacterial QS using ethnobotanicals is largely unexplored at present; hence, this offers an additional area of research on plants with pharmacological potential leading toward drug development. The Philippine ethnobotanicals showed considerable potential as sources of QS inhibitory compounds for new therapeutic directions in preventing pathogenicity without the threat of the development of bacterial resistance, hence, determining these molecules offer a new direction on this research. In addition, while laboratory-based assays indicate the huge promise of QSI agents, *in vivo* research on animal models needs to be conducted to substantiate *in vitro* results.

6. CONCLUSIONS

Ethnobotanicals have not been fully tapped for applications on QS-based drug development. The applications of ethnobotanicals and QS inhibition are timely and provide a wide range of long-term solutions to human and animal health. All Philippine ethnobotanicals from the two ethnic communities included in this review showed inhibition on one or more virulence factors highlighting their activities against QS and emphasizes their potential for QS-based drug development.

QS inhibition is a practical option in controlling pathogenesis that avoids antibiotic resistance. QS inhibition only targets the production of virulence, without affecting bacterial growth. This limits the exposure of bacteria to selective pressure and the evolution of resistant mutants, hence, seen to be a practical alternative to antibiotic management. In recent years, intensive research on QS mechanisms has presented the potential to control resistance. Integrating the bioactive molecules from ethnobotanicals with inhibiting QS provides a novel solution to microbial multidrug resistance. With the World Health Organization's announcement in 2014 of the beginning of the post-antibiotic era, interest is now geared toward exploring new therapies that target the production of virulence factors instead of directly killing bacteria.

Although much research has been explored in targeting QS as a strategy to control bacterial pathogenesis, still, several issues have to be resolved to fully harness the potential of QSI as a novel approach in the fight against microbial infection and resistance. These limitations include evaluations on its efficacy *in vivo*, interactions with the host physiology, reactions with other compounds and long-term effectiveness. As with the majority of antibiotics, targeting QS may also impact not only pathogenic bacteria but also beneficial microbes. Also, the high specificity and complexity of QS systems makes it

challenging to develop a broad-spectrum antimicrobial drug that can serve as universal QS inhibitor which can target multiple pathogens. Resolving these challenges is critical for the advancement of QS-based drugs. Albeit, the field of QS-based drug development is dynamic, and constantly delving on the mechanisms involved to optimize the potential applications and overcome limitations and challenges.

7. AUTHORS' CONTRIBUTIONS

All authors made substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; agreed to submit to the current journal; gave final approval of the version to be published; and agreed to be accountable for all aspects of the work. All the authors are eligible to be an author as per the International Committee of Medical Journal Editors (ICMJE) requirements/guidelines.

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11. DATA AVAILABILITY

All data analyzed in this article are available from the author on reasonable request.

12. USE OF ARTIFICIAL INTELLIGENCE (AI)-ASSISTED TECHNOLOGY

The authors declares that they have not used artificial intelligence (AI)-tools for writing and editing of the manuscript, and no images were manipulated using AI.

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