

Green synthesis of nano iron oxide using *Emblica officinalis* L. fruit extract and its impact on growth, chlorophyll content, and metabolic activity of *Solanum lycopersicum* L.

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ABSTRACT

Micronutrient deficiency among crop plants has been a concerning problem that hinders their growth, declines productivity, and causes economic losses. The nutritional deficiency of iron has been established widely among plants, especially in calcareous soils. Biogenic metallic nanoparticles (NPs) are one of the innovative strategies for their effective utilization as nanonutrients or nanofertilizers as compared to conventional fertilizers with reduced environmental risk. The current research work accounts for the evaluation of biologically synthesized iron oxide NPs (Fe₂O₄ NPs) from *Emblica officinalis* L. fruit extract and its impact on growth, chlorophyll content, and metabolic activity of Solanum lycopersicum L. The spectral analysis of synthesized NPs was performed using UV-visible, Fourier transform infrared, X-ray diffraction, dynamic light scattering, scanning electron microscope, and transmission electron microscopy spectroscopic techniques. Seeds of S. lycopersicum L. were treated with Fe₃O₄ NPs, prepared from aqueous solution of ferrous sulfate and ferric chloride salt (1:2 molar ratio of Fe²⁺ and Fe³⁺ salt solution) and E. officinalis L. fruit extract at a concentration of 10, 50, and 100 mg/L in sand culture medium. The effect of these treatments was studied on different biophysical and biochemical parameters of tomato seedlings. The lower dose of Fe_2O_4 NPs on tomato seedlings was observed to have a promontory effect on growth parameters contrary to the control and bulk form of iron salt. At higher concentration inhibitory effect on plant growth, an increase in oxidative stress biomarkers parameters and superoxide dismutase activity was observed. The results indicate that appropriate dose and precise application of NPs depending on the plant species could prove to be efficacious measures to address nutritional deficiency among crops.

1. INTRODUCTION

The multidisciplinary aspect of nanotechnology and its consistent advancement has played a pivotal role in solving several scientific issues in different fields which may be electronics, mechanics, semiconductors, medicine and drug delivery, environment, industry, food packaging, catalysis, or agriculture sector [1,2]. The difference in physicochemical properties of nanomaterial and their bulk counterpart is attributed to their size, shape, chemical composition, large surface area, and high surface energy [3]. Nanomaterials are basically atomic or molecular aggregates with dimension in the range of 1–100 nm [3]. The employment of nanotechnology in the agriculture sector could prove to be another revolution in terms of global productivity and yield [4]. The scientific researchers have focused on the application of nanomaterials for promoting seed germination, its utilization as nanofertilizer, as an

alternative for commercial pesticides and herbicides, for supply of essential nutrients, and maintaining soil quality with least impact on the environment and human health [5-7]. Several studies have revealed the effect of nanoparticles (NPs) on plant growth and development, however, the proper mechanism of interaction between plant cells and NPs is still not understood [8,9]. The uptake and transport of NPs in plant cells depend on its size, shape, morphology, hydrophobicity, surface coating, and charge [10,11]. The alteration caused by NPs in a plant mechanism of growth may show a positive or negative impact which not only rely on the physical and chemical properties of NPs but also on plant species under observation [12-14]. Green synthesized metal/metal oxide NPs have been of significant interest for providing ecofriendly solutions to agricultural problems and promoting their application as nanofertilizers [15]. The drawbacks caused by conventional fertilizers can be tackled with the application of metallic NPs as nanofertilizers that have been observed to improve crop growth, lead to high productivity and yield, and reduced the loss of nutrients without causing any adverse loss to the environment and soil [16,17].

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Iron (Fe) is the fourth abundant and one of the essential microelements for all organisms. It is required for various physiological and metabolic processes of plants [18]. It also acts as a cofactor in several enzymatic reactions and plays an important role in the process of photosynthesis, respiration, nitrate synthesis, nitrogen fixation, nitrate synthesis, chlorophyll synthesis, hormone production, RNA synthesis, and DNA transcription [19]. The deficiency of iron has been reported in several crops of which Arachis hypogea (peanut) was found to be particularly sensitive [20]. Alkaline calcareous soil is most deficient in terms of micronutrients and only 10% of iron content is available to plants therefore the requirement of iron for plants is not completely fulfilled [21,22]. Iron content is high in soil that is mostly bound to soil in Fe³⁺ form that is insoluble at higher pH particularly in aerobic soil, thus Fe²⁺ form of iron is not readily available to plants [8]. Iron deficiency not only affects the growth and development of plants but also causes anemia in animals and humans [23]. To counter the effect of iron deficiency in plants, different forms of natural and artificial mineral and chelated iron compounds have been used. Some of the common bulk forms of iron fertilizers include ferrous sulfate (FeSO₄.7H₂O) and Fe-chelates [24]. The traditional bulk form of iron fertilizers is broadly classified into three categories, that is, organic or natural Fe-fertilizers, inorganic Fe-fertilizers, and synthetic chelated Fe-fertilizers [21-25]. However, the improper and continuous usage of synthetic fertilizers reduces soil fertility and leads to loss of nutrients as well as affects the ecological balance. Hence, the deficiency of iron can be addressed with increased solubility and bioavailability to plants by the application of biogenic synthesized metallic NPs. Several evidences have been found that Fe-NPs influence the growth of plants and their impact depends on the concentration dose of NPs, exposure time, form of exposure, and plant species [26]. The enhanced physiological and morphological characteristics have been demonstrated in crop plants treated with Fe-NPs as compared to bulk forms of Fe-salts [27]. In the field of nanomaterials, iron oxide NPs (Fe₂O₄ NPs) are known to exist in two forms, that is maghemite (Fe_2O_3) and magnetite (Fe_2O_4) [8]. Both efficacious and detrimental effects of Fe₂O₂ and Fe₂O₄ have been reported on crop plants [28-31]. y-Fe₂O₂ and Fe₂O₄ NPs treated barley crop in hydroponic culture medium showed improved rate of growth with increased germination rate, pigment content, and high biomass production and recommended for its use as a nanofertilizer [32]. Foliar treatment of Moringa oleifera plants with Fe₂O₄ NPs showed to improve plant growth, pigment content, and IAA content and reduce hydrogen peroxide, Malondialdehyde (MDA) content, and maximum activity of antioxidant enzymes that were observed at a concentration of 40 ppm as compared to control plant [33]. The effect of magnetic Fe₃O₄ NPs on tomato plants under cadmium stress was investigated and Fe₃O₄ at a concentration of 20 mg/L was able to reduce cadmium toxicity by reducing cadmium accumulation and increasing nutrient consumption [34]. FeO NPs mitigated cadmium and salinity stress in wheat plants by promoting photosynthetic pigments and limiting cadmium uptake [35]. The application of metallic NPs (TiO₂ and Fe₃O₄) alters the availability and absorption of phosphorus in the rhizosphere of Lactuca sativa (lettuce) [30] and Fe₂O₄ NPs also found useful in mitigating heavy metal (Pb, Cd, Zn, and Cu) toxicity in wheat seedlings [36]. However, both positive and negative impacts of Fe₂O₃ NPs were recorded in A. thaliana in a concentration-dependent manner [37]. The interactions between α-Fe₂O₃, γ-Fe₂O₃ and Fe₃O₄ NPs and Citrus maxima seedlings were investigated to better understand the potential applications of the NPs as a source of Fe for crop plants. Citrus maxima exhibited different physiological and molecular responses to different types of iron oxide NPs of which induced oxidative stress was more prominent in α -Fe₂O₃

treated seedlings as compared to γ -Fe₂O₃ and Fe₃O₄ treated seedlings, however, chlorophyll level declined in all the NP treated seedlings[38]. Fe₃O₄ NPs exerted a toxic effect on the growth and development of on perennial ryegrass (*Lolium perenne* L.) and pumpkin (*Cucurbita mixta*) plants [39]. Hence, the determination of the optimal dosage of NPs for its utilization as nanofertilizer or nanonutrient is essential to eliminate or reduce the toxicity effect of NPs caused due to their aggregation and agglomeration thereby increasing the crop yield.

Emblica officinalis L. commonly known as Amla (Indian gooseberry) has been used for medicinal purposes since ancient times. The antioxidant properties of Amla fruit make it suitable for treating various ailments. The phytoactive constituents such as polyphenols, tannins, alkaloids, flavonoids, glycosides, and terpenoids are responsible for its therapeutic potential of Amla fruits and act as reducing agent for biogenic synthesis of metallic NPs [40]. The present study emphasizes to analyze the influence of *E. officinalis* L. mediated biologically synthesized Fe₃O₄ NPs on growth, chlorophyll content, and metabolic activity of *Solanum lycopersicum* L. in sand culture medium.

2. MATERIALS AND METHODS

2.1. Green Synthesis of Fe₃O₄NPs

The newly harvested and fully-grown fruits of E. officinalis L. were collected, and thoroughly washed with double distilled water to remove dust particles from collected samples. The fruits were cut into small pieces and shade dried at room temperature for 21 consecutive days. About 35 g of finely chopped and powdered fruit were extracted with 150 mL of deionized water, heated on a magnetic stirrer at least for 1 h at 60°C, further cooled, filtered, and stored at 4°C for further usage in NPs synthesis. An aqueous solution of ferrous sulfate (FeSO4 ·7H2O) and ferric chloride salt (FeCl, 6H,O) (1:2 molar ratio of Fe²⁺ and Fe³⁺ salt solution) was prepared and 80 mL of this solution was added to 20 mL of E. officinalis L. fruit extract drop by drop with constant stirring. Further a freshly prepared NaOH (1 M) solution which acts as a precipitating agent was added to the mixture with continuous stirring until pH value of 12 is attained. The reaction mixture prepared was again heated for 1 h on a magnetic stirrer, and the reaction was considered to be complete when its color changed from light brown to black colored paste. The precipitate of magnetite (Fe₂O₄) formation proceeds according to the reaction $Fe^{2+} + 2Fe^{3+} + 8OH^{-} \rightarrow Fe_{2}O_{4} + 4H_{2}O$. The $Fe_{3}O_{4}$ NP precipitate was removed with the help of a strong external magnet, further washed with deionized water and ethanol, and dried in a hot air vacuum oven for 1 h at a temperature of 100°C so that the particles could be free of contamination and stored for further characterization.

2.2. Characterization

The UV-spectral analysis of synthesized nano iron oxide powder was done using a UV-visible spectrophotometer (number 29-1950-01-0170) in the 190–900 nm wavelength range. The functional groups acting as reducing agents for Fe₃O₄ NPs were identified using Fourier transform infrared (FT-IR) spectroscopy (FTIR-Bruker Alpha II ECO-ATR spectrometer). X-ray diffraction (XRD) was performed to determine the crystallographic nature using an X-ray diffractometer (PXRD-DB Advance Bruker) with CuK α radiation (K= 1.5406 Å). Morphology of the sample was ascertained through scanning electron microscope (SEM) (Nova nano SEM 450) and transmission electron microscopy (TEM) (TECNAI 200 kv) instruments. Dynamic light scattering (DLS) particle size analyzer (Litesizer 500) was used to estimate the hydrodynamic size of the sample. Singh, *et al.*: Green synthesis of nano iron oxide using Emblica officinalis L. fruit extract and its impact on growth, chlorophyll content, and metabolic activity of Solanum lycopersicum 2024;12(2):173-181 175

2.3. Sand Culture Treatment of Tomato Seedlings

Healthy tomato seeds were purchased from Ayodhya Seed Agency, India. The seeds were sterilized with a sodium hypochlorite (NaClO) solution and also washed several times with deionized water. To grow the seedlings in sand culture medium, seven sets of clear plastic pots (one for control, three for Fe₃O₄ NPs, and three sets for FeSO₄ salt solution) were filled with an equal amount of sterilized sand (150 g), ten seeds were sown with equal spacing, and watered with Hoagland's solution nutrient medium [41]. The experiment was carried out in a greenhouse under controlled temperature conditions (17-28°C) and seeds were allowed to adapt and grow for some days. During the experiment, the daytime temperature was 24-28°C and at night it was 17–20°C. The relative humidity was 50–60%. Various doses of $\text{Fe}_{3}\text{O}_{4}$ NPs and FeSO₄ salt solution (10, 50, 100 mg/L) were prepared from the mother liquors. Seedlings were treated with appropriate doses of Fe₃O₄ NP and FeSO₄ salt solution on the 14th and 21st day from their germination period. As a control, a treatment containing only the growth medium of Hoagland's solution was used. For the analysis of biophysical and biochemical parameters, 28-day-old seedlings were collected. The experiment was carried out in triplicate (±SEM).

2.4. Estimation of Germination Percentage and Seedling Growth

Seedling growth was determined by % germination, shoot length (SL), and root length (RL). Fe₃O₄ NPs, FeSO₄ salts treated seedlings, and control seedlings were gently removed from the pots 28 days after germination and washed with DDW to remove grit particles. RL and SL of the seedlings were measured using a centimeter scale.

2.5. Estimation of Chlorophyll Content

The pigment content was evaluated according to the methodology of Arnon [42]. About 150 mg of powdered tomato leaves are extracted with 10 mL of 80% of analytical-grade acetone, centrifuged, and incubated for 24 h in the dark. The absorption of the obtained supernatant corresponding to the wavelengths of 663 and 645 was recorded. Chl a and Chl b contents were quantified using the Lichtenthaler formula [43] and expressed as mg/g fresh weight.

2.6. Estimation of Nitrate Reductase (NR) Activity

To assess NR activity, the method of E. Jaworski was used [44]. Homogenization of tomato leaf powder (500 mg) was carried out in 10 mL of a buffer medium prepared from 100 mM phosphate buffer (pH 7.5), 5% (v/v) propanol, and 20 mM potassium nitrate followed by an incubation period of 3 h in the dark. Then, 0.5 mL of enzyme extract was treated with a preparation of 1 mL each of 3% sulphanilamide and 0.02% N-1-naphthyl-ethylene-diamine-dihydrochloride and a pink color was observed. At $A_{540 \text{ nm}}$, the absorbance was recorded for the obtained supernatant. The nitrite (NO₂⁻) concentration was used to construct a standard reference curve and the NR activity was calculated and expressed in μ mol NO₂/g fresh weight/h.

2.7. Estimation of Oxidative Stress Biomarkers

2.7.1. Lipid peroxidation (LP)

The LP (MDA content) was measured as an index of oxidative stress in tomato seedlings and was evaluated according to the protocol mentioned by Heath and Packer [45]. A fresh sample of tomato leaf powder homogenized with 10 mL of 0.1% of TCA and centrifuged at 4°C for 20 min at 10000 g. About 0.5% solution of thiobarbituric acid (TBA) and 10% of trichloroacetic acid (TCA) were mixed with 1 mL of resulting supernatant, heated at 95°C for 30 min and quickly cooled in an ice bath to room temperature. At A_{532} and $A_{600 \text{ nm}}$, the absorbance was recorded for the resulting sample. A molar extinction coefficient of 155 m/M/cm was used to determine the final concentration of MDA in terms of n mol/g fresh weight.

2.7.2. Electrolyte leakage (EL)

Tomato seedling membrane integrity was assessed by the percentage EL, which was determined according to the procedure illustrated by Lutts *et al.* [46]. Fresh and mature leaf samples collected from each treated seedling pot were washed and transferred to a tube containing 20 mL of distilled water and stored for 24 h in the dark at 28°C. EL from the sample was measured using a conductometer. The original electrolyte leak was labeled EL_1 . The final EL EL_2 was measured after the sample was heated in a boiling water bath for 25 min and then cooled to room temperature. EL was known from the following equation:

$$EL\% = EL_1/EL_2 \times 100$$

2.7.3. Proline content

The free proline content was estimated according to the method of Bates [47]. The fresh harvested leaves were treated with 3% of sulfosalicylic acid. The reaction mixture was prepared from the supernatant obtained by mixing acidic ninhydrin and acetic acid and boiled for at least 1 h at 100°C. The product thus recovered is extracted with 4 mL of toluene. The absorption of the toluene-containing chromophore was measured at 520 nm. The proline content is indicated in mol/g fresh weight.

2.8. Estimation of Superoxide Dismutase (SOD) Activity

SOD enzyme activity is determined in terms of one unit of enzyme to inhibit 50% of the photochemical reduction of nitro blue tetrazolium (NBT) and is expressed in mg/g fresh weight. Fresh powdered fruit samples (120 mg) homogenized with K-phosphate buffer, centrifuged at 10000 g for 10 min at 4°C. The reaction mixture (3 mL K-phosphate buffer, 0.4 mL methionine, 0.2 mL Na₂CO₃, 3 mM NBT, riboflavin, 5 mM EDTA, and supernatant) was irradiated with fluorescent lamps for 20 min and the absorbance at 560 nm was recorded [48].

3. STATISTICAL ANALYSIS

The samples were organized in random blocks of three repetitions. The calculated data were subjected to statistical analysis by analysis of variance using SPSS (version 16 from SPSS Inc., USA). The standard errors of the means (\pm SEM) were calculated appropriately corresponding to triplicate reading of experiments and represented in the graphs. The experimental samples were analyzed using Duncan's multiple range test at *P* < 0.05.

4. RESULTS AND DISCUSSION

4.1. Synthesis and Characterization of Fe₃O₄NPs

The synthesis of Fe₃O₄ NPs was carried out successfully as a result of the reaction between the Fe³⁺/Fe²⁺ ions (2:1 molar ratio) released from the precursor salt and the phytoactive components obtained from the extract of the fruit of *E. officinalis* L., which serves as a reducing and stabilizing agent [Figure 1]. The analyzed UV-visible spectra of the synthesized NPs show a continuous absorption in the range of 200–800 nm, and a strong absorption peak is observed in the range of 300–350 nm due to surface plasmon resonance of the Fe₃O₄ NPs [49] [Figure 2a]. X-ray phase analysis shows a series of diffraction peaks at 20 30.5, 35.7, 43.3, 53.9, 57.4, and 63.0, belonging to the (200), (311), (400), (422), (422) (511) and (440) planes, respectively [50], [Figure 2b]. The hydrodynamic size of the Fe₂O₄ NP particles was analyzed using the DLS method, and the size was found to be in the range of 30-70 nm [Figure 2c]. FT-IR spectral analysis reveals a functional group associated with secondary metabolites that act as a shielding agent on the surface of Fe₃O₄ NPs [Figure 2d]. The broad peak observed at 3432 cm⁻¹ indicates a stretching of the -OH group due to the presence of alcoholic or polyphenolic compounds. The vibration frequencies of 2852 and 2926 cm⁻¹ correspond to the -CH stretching of alkanes, while the 2128 cm⁻¹ peak represents the stretching frequency of the alkynyl group (-C=C-). The band marked at 1637 cm⁻¹ can be attributed to the carbonyl group (C=O). The peak observed at 1545 cm⁻¹ indicates the bonding of amide I with the metal, while the peak at 1600, 1578 cm⁻¹ indicates the C=C stretching character of the aromatic ring. The vibrational frequency range 1200-1100 cm⁻¹, in particular, corresponds to the stretching of the C-O bond in alcohol, ether, or ester molecules. The stretching vibrations of the Fe-O bonds are indicated by the peaks observed at 663, 568, and 421 cm⁻¹ in the spectra of the synthesized Fe_3O_4 NPs [51-54]. The morphological study of the Fe₃O₄ NPs was carried out using SEM and TEM Figure 2e and f. The SEM showed that the synthesized Fe₂O₄ NPs were spherical in shape and some large particles are also visible



Figure 1: Green synthesis of $\text{Fe}_{3}\text{O}_{4}$ nanoparticles (NPs) using *Phyllanthus emblica* L. fruit extract (a) fruit extract of the plant (b) synthesized Fe3O₄ NPs.

due to their aggregation. The magnified image of TEM at 500 nm also confirms the spherical morphology of $\text{Fe}_3\text{O}_4\text{NPs}$. Rough edges that are visible on the surfaces of spherical NPs was particularly due to plant metabolites that act as stabilizing/capping agent for the synthesized NPs [55-58]. The spherical morphology of Fe_3O_4 NPs was found to be in agreement with some of the recent findings. The spherical shape and polydisperse nature of green Fe_3O_4 NPs synthesized from *S. cumini* plants were confirmed by TEM analysis with a particle size of 33.5 nm [58]. SEM and TEM images of Fe_3O_4 NPs synthesized from spinach extract revealed their spherical morphology in the size range of 10–40 nm [56].

4.2. Estimation of Germination Percentage, SL, and RL of Tomato Seedlings

The impacts of Fe₃O₄ NPs and FeSO₄ salt on different biophysical and biochemical parameters of tomato seedlings were studied. The determination of optimal concentration of NPs is critical for stimulating plant growth, while negative or positive effects can be observed at different concentrations. Taking control as a reference, maximum germination % was recorded in tomato seedlings treated with 10 mg/L of Fe₃O₄ NPs. The germination % was found to rise by 150% at 10 mg/L concentration of Fe₂O₄ NPs while an 8.69% decrease in germination was reported in seedlings treated with 10 mg/L of FeSO, salt. Further increase of salt concentration declined the germination % of tomato seedlings. At 100 mg/L of Fe₂O₄ NPs and FeSO₄ salt, the germination % was inhibited by 60% and 84.61%. The overall impact of Fe₃O₄ NPs on germination % was significantly higher than FeSO4.7H2O treatments Figure 3 and Table 1]. The maximum SL with a 104.83% increase as compared to control was observed at 10 mg/L while a 7.34% decrease in SL was reported at 50 mg/L of Fe₃O₄ NPs treatments. The FeSO₄ treatments at 10 mg/L showed a 5.99% decrease in SL while maximum inhibition of 28.73% was observed at 100 mg/L as compared to control [Figure 3 and Table 1]. The RL was found to increase by



Figure 2: Characterization of Fe_3O_4 nanoparticles (NPs) (a) UV-Vis absorption spectra of the synthesized Fe_3O_4 NPs, (b) X-ray diffraction pattern of synthesized Fe_3O_4 NPs, (c) particle size distribution image of the synthesized Fe_3O_4 NPs, (d) Fourier transform infrared spectrum of the synthesized Fe_3O_4 NPs, (e) scanning electron microscope image of the synthesized Fe_3O_4 NPs, and (f) transmission electron microscopy image of the synthesized Fe_3O_4 NPs.

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22.56% at 10 mg/L concentration of Fe₃O₄ NPs treatments and 8.24% increase in FeSO₄.7H₂O treated seedlings. At 100 mg/L of Fe₂O₄ NPs and FeSO₄.7H₂O RL was found to inhibit by 5.24% and 13.75% with respect to control [Figure 3 and Table 1]. The result was in agreement with other findings of Fe₃O₄ NPs utilization as nanonutrient for different crop species. The physicomorphological response of finger millets was significantly enhanced with Fe₂O₄ NPs treatments as compared to FeSO, salt treatments [49]. Fe₂O, NPs application at 100 mg/L showed prominent improvement in the seed germination %, plant growth, and biomass of barley (Hordeum vulgare L.) crops [32]. At 0.3 mg concentration of biogenic synthesized Fe₂O₄ NPs showed potent rise in germination %, growth, and yield of maize crops [57]. Nano-Fe₃O₄ NPs at 20 mg/L were observed to mitigate the effect of cadmium with enhanced SL, RL, and leaf surface area of tomato seedlings [34]. The coated Fe₂O₄ NPs also reported to increase the bioavailability of Fe content in tomato seeds [21]. Thus, the concentration dose and size of the same synthesized NPs have a different impact on physiological and morphological growth parameters of different crop species.

4.3. Estimation of Total Chlorophyll Content

Iron is an essential microelement for the formation of chlorophyll and thereby high biomass production. The chlorophyll content showed a significant increase of 42% at 10 mg/L concentration of Fe₃O₄ NPs treatments while seedlings treated with 10 mg/L FeSO₄ salt observed to have a 2% decrease in total chlorophyll content. A contradictory impact of treatment with FeSO₄ salt was observed which tends to enhance the total chlorophyll content at 50 mg/L by 7%, while 5% decrease in total chlorophyll content at 100 mg/L of its concentration, as compared to the control [Figure 4]. Similarly, the total chlorophyll content (Chl a and Chl b) was reported to rise in finger millets exposed to Fe₃O₄ NPs as compared to the bulk form of their salt [49]. Increase in chlorophyll content was also observed in some other crops treated with Fe₃O₄ NPs such as green-gram [58], wheat [59], and watermelon [14].



Figure 3: Effect of Fe₃O₄ NPs on germination, shoot length and root length of tomato seedlings. Data are means ± standard error of three independent experiments with three replicates in each experiment. Bars followed by different letters show significant differences at p<0.05 significance level between treatments according to the Duncan's multiple range test. C= control; FeNP₁=10; FeNP₂= 50; FeNP₃= 100; FeS₁= 10; FeS₂= 50; FeS₃= 100 mg/l.

4.4. Estimation of NR Activity

Iron is one of the subunits present in NR enzyme, a key enzyme for catalyzing nitrate reduction to nitrite (NO₃⁻ into NO₂⁻) which is the measure source of plant nitrogen. NR activity regulates plant growth and helps in developing resistance against different biotic and abiotic stresses. The maximum rise of 23.21% in NR activity was observed in seedlings treated with 10 mg/L concentration of Fe₃O₄ NPs whereas FeSO₄ salt at a similar concentration showed a 4.47% increase in NR activity declined by 7.02% and 8.52% with respect to control [Figure 5]. At 40 ppm, foliar treatment of Fe₃O₄ NPs caused significant increases in NR of *M. oleifera* L. [33]. Nitrogen assimilation and growth of green beans were significantly enhanced with the application of Fe₂O₃ NPs [60].

4.5. Estimation of LP, EL, Proline Content, and SOD Activity

The indicator of oxidative stress biomarkers in plant growth is rate of LP (MDA content), EL, and proline content. The seedlings exposed to high concentrations of NPs generate enormous amounts of reactive oxygen species (ROS) as a result of high oxidative stress caused to them. The decrease in membrane integrity of plant cells indicates a high EL percentage. The EL at 10 mg/L of Fe₃O₄ NPs was found to decrease by 52.08% as compared to control. The maximum EL % was reported in seedlings treated with 100 mg/L of FeSO₄ salt which was raised by 22.29% while at the same concentration of Fe₂O₄ NPs EL % was found to rise by 12.97% with respect to the untreated seedlings [Figure 6a]. The MDA content determines the rate of LP and oxidative damage caused in plant cells. The MDA content was observed to decrease by 59.49% on exposure of 10 mg/L of Fe₃O₄ NPs to tomato seedlings whereas 5.12% decrease of MDA content was reported with 10 mg/L treatment of FeSO₄ salt. The maximum rate of LP in tomato seedlings was found at 100 mg/L of FeSO, salt treatments in which the MDA content was found to rise by 36.20% as compared to control [Figure 6b]. Further, the proline accumulation was found



Figure 4: Effect of Fe₃O₄ nanoparticles (NPs) on total chlorophyll content of tomato seedlings. Data are means \pm standard error of three independent experiments with three replicates in each experiment. Bars followed by different letters show significant differences at *P* < 0.05 significance level between treatments according to the Duncan's multiple range test. C= control; FeNP₁=10; FeNP₂ = 50; FeNP₃ = 100; FeS₁ = 10; FeS₂ = 50; and FeS₃ = 100 mg/L.

to decrease by 57.23% exposure to 10 mg/L of Fe_3O_4 NPs and in the case of bulk form of iron salt at 10 mg/L proline content was found to



Figure 5: Effect of Fe₃O₄ nanoparticles (NPs) on nitrate reductase activity of tomato seedlings. Data are means \pm standard error of three independent experiments with three replicates in each experiment. Bars followed by different letters show significant differences at *P* < 0.05 significance level between treatments according to the Duncan's multiple range test. C= control; FeNP₁=10; FeNP₂ = 50; FeNP₃= 100; FeS₁= 10; FeS₂= 50; and FeS₃ = 100 mg/L.

decrease by 5.40% with reference to control. At 100 mg/L, the proline accumulation was found to increase by 42.25% and 25.61% with Fe₂O₄ NPs and FeSO₄ salt treatments, respectively [Figure 6c]. SOD is a first line of defense mechanism in plants, which converts O₂⁻⁻(superoxide radical) to O_2 (oxygen). The 10 mg/L concentration of Fe₂O₄ NPs tends to reduce the oxidative stress with decline in SOD activity by 10% as compared to the control. The maximum % increase in SOD activity was 6.45% and 2.74% at 100 mg/L of Fe₃O₄ NPs and FeSO₄ salt treatments, respectively [Figure 7]. Fe₃O₄ NPs under cadmium stress were found effective in regulating oxidative stress biomarkers such as MDA, aldehydes, H2O2, and proline in both shoot and root of tomato seedlings [34]. MDA, H₂O₂, and proline content tend to decline with the Fe₂O₄ NPs treatment in *M. oleifera* L. [33]. The membrane stability was found to improve under salt stress with the application of salicylic acid and Fe₃O₄NPs in Trachyspermum ammi L. [61]. Tomato seedling's response to salinity stress, high EL %, proline content, and antioxidant enzyme activity can be regulated with the iron and zinc oxide NPs treatments, also play a crucial role in callus induction and plant regeneration [62]. Iron (Fe) is an important cofactor of different antioxidant enzyme that plays a critical role in maintaining biological redox reaction system of plant cells [63]. Gupta et al. stated that increased antioxidant enzyme activity leads to homeostatic control of ROS levels in cells which in turn determines the state of the seeds during germination, dormancy, and senescence. They observed that foliar application of ZnO NPs and Fe₃O₄ NPs in the range of 100-300 mg/L in an open field tends to improve physiobiochemical parameters and antioxidant enzyme activity (SOD, CAT, and POD) of Cucumis sativus L; however, above the optimum concentration of 300 mg/L, it showed a deleterious effect [64]. Treatment of Triticum aestivum plants with



Figure 6: Effect of Fe_3O_4 nanoparticles (NPs) on (a) Electrolyte leakage (b) Lipid peroxidation (c) Proline content of tomato seedlings. Data are means \pm standard error of three independent experiments with three replicates in each experiment. Bars followed by different letters show significant differences at P < 0.05 significance level between treatments according to the Duncan's multiple range test. C= control; FeNP_1=10; FeNP_2 = 50; FeNP_3 = 100; FeS_1 = 10; FeS_2 = 50; and FeS_3 = 100 mg/L.

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Figure 7: Effect of $\text{Fe}_{3}\text{O}_{4}$ NPs on superoxide dismutase activity of tomato seedlings. Data are means \pm standard error of three independent experiments with three replicates in each experiment. Bars followed by different letters show significant differences at P < 0.05 significance level between treatments according to the Duncan's multiple range test. C= control; FeNP₁=10; FeNP₂ = 50; FeNP₃=100; FeS₁ = 10; FeS₂ = 50; and FeS₃ = 100 mg/l.

Table 1: Effect of Fe ₃ O ₄ NPs on germination, shoot length, and root length
of tomato seedlings under Fe salt and Fe_3O_4 NPs treatments.

Treatments	Germination (%)	Root length (cm)	Shoot length (cm)
С	7.66±0.33ª	9.30±0.06°	10.56±0.03°
FeS ₁	6.83±0.56ª	$10.06 {\pm} 0.07^{\rm bc}$	$9.93{\pm}0.13^{\rm d}$
FeS ₂	4.33 ± 0.33^{b}	9.93±0.09°	$8.70{\pm}0.06^{\rm f}$
FeS ₃	0.66±0.31°	$8.56{\pm}0.07^{\rm f}$	$6.20{\pm}0.02^{g}$
FeNP ₁	8.33±0.35ª	10.5 ± 0.06^{a}	12.70±0.02ª
FeNP ₂	$5.12{\pm}0.53^{b}$	$10.16{\pm}0.07^{\rm b}$	11.76±0.3 ^b
FeNP ₃	2.65±0.23°	$9.63{\pm}0.03^{d}$	9.0±0.01°

Data are means±standard error of three independent experiments with three replicates in each experiment. Bars followed by different letters show significant differences at P<0.05 significance level between treatments according to the Duncan's multiple range test. C=control; FeNP₁=10; FeNP₂=50; FeNP₃=100; FeS₁=10; FeS₂=50; and FeS₃=100 mg/L.

Fe₃O₄ NPs (40–500 mg/L) showed prominent increase of Fe, P, and K content in its leaves with enhanced photosynthetic, respiration, and antioxidant enzyme activity (SOD, APX) thereby promoting the growth of plant [59]. The increase in SOD activity is attributed to activation of SOD isoforms that rely on Fe content and therefore elevated level of iron leads to high SOD activity that minimizes the harmful effect of ROS, increases the level of chlorophyll content that leads to the high photosynthetic activity of seedlings [59]. Fe₃O₄ nanozymes synthesized from extract of pomegranate fruit peel were observed to be good mimics of natural enzymes as that of peroxidase, catalase, and SOD [65]. Thus, low/optimal concentration of Fe₃O₄ NPs significantly promoted the overall growth of tomato seedlings which leads to high chlorophyll content, increase in NR and SOD activity, and helps in maintaining the level of EL %, MDA, and proline content as compared to the bulk form of FeSO₄ salt.

5. CONCLUSION

In recent decades, the impact of NPs on physicomorphological parameters of different crop species has been observed, which has been signified in our study also. To the best of our knowledge, this is the first kind of study that emphasizes to analyze the influence of Phyllanthus emblica L. mediated biologically synthesized Fe₃O₄ NPs on biophysical and biochemical parameters of S. lycopersicum L. Fe₂O₄ NPs formation were confirmed by spectral analysis, that is, UV-visible spectra, FT-IR, XRD, DLS, SEM, and TEM. The optimal concentration of 10 mg/L and 50 mg/L of Fe₂O₄ NPs was found effective in promoting germination, growth, chlorophyll content, and NR activity of tomato seedlings as compared to the bulk form of FeSO₄ salt and control. The lower/optimal concentration of Fe₂O₄ NPs is found efficacious in reducing MDA content, EL, and proline accumulation. At higher concentration, SOD enzyme activity increases as the cellular defense system is stimulated for protection against ROS generated due to high oxidative stress. Altogether, the findings suggest that the iron absorption, uptake, transport, and its bioavailability to plants can be enhanced through the employment of Fe3O4 NPs as an efficient nanofertilizer to counter iron deficiency in crops.

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7. AUTHORS' CONTRIBUTIONS

All authors made substantial contributions to the conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; agreed to submit to the current journal; gave final approval of the version to be published; and agreed to be accountable for all aspects of the work. All the authors are eligible to be an author as per the International Committee of Medical Journal Editors (ICMJE) requirements/guidelines.

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9. CONFLICTS OF INTEREST

The authors report no financial or any other conflicts of interest in this work.

10. ETHICAL APPROVAL

This study does not involve experiments on animals or human subjects.

11. DATA AVAILABILITY

The data analyzed during the present study are included in the manuscript. The raw reading generated during the present study available from the corresponding author on reasonable request.

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